

All-Atlantic Region
Indoor Track & Field Championships
Nike Track & Field Center @ The Armory - 3/3/2023 to 3/4/2023
Results

Women 60 Meter Dash**9 Advance: Top 1 Each Heat plus Next 5 Best Times**

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Meet:	M	7.65	3/7/2020	Amanda Crooks, Moravian
Name		Year	School	Prelims H#
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Preliminaries

1	Maria Muzzarelli	SO	Widener	7.71Q	1
2	Gbarper Dwah	FR	Ramapo	7.74Q	3
3	Jayla Gore	FR	Widener	7.80Q	2 7.791
4	Samantha Shea	SR	St. John Fisher	7.82Q	4
5	Traci Francis	SO	Vassar	7.80q	3 7.796
6	Valandra Riggins	JR	TCNJ	7.81q	2
7	Brenna Johnson	SR	Nazareth	7.85q	4
8	Sarah Levine	SR	Brockport St.	7.91q	1 7.904
9	Alexa Rine	JR	Susquehanna	7.91q	1 7.906
10	Gwendolyn Andersen	JR	Springfield	7.92	2 7.912
11	Mackenzie Mix	SO	Utica	7.92	4 7.913
12	Zhane Lettsome	FR	St. John Fisher	7.92	2 7.917
13	Ciarra Franz	SO	St. John Fisher	7.94	3
14	Alayna Krempa	SO	Susquehanna	7.95	3 7.943
15	Autumn Pittman	SO	Cortland St.	7.95	2 7.944
16	Khia Laster	SO	Buffalo State	7.95	4 7.949
17	Helen Davis	SR	Moravian	7.96	2
18	Ashanae Morrison	SO	Stockton	7.99	2 7.981
19	Mia Montgomery	SR	Brockport St.	7.99	1 7.984
20	Chidimma Igwe	SR	Rutgers-Newark	8.01	4
21	Kendall Sobczyk	FR	Cortland St.	8.02	1
22	Kate Koutsourades	JR	SUNY Geneseo	8.03	1 8.021
23	Laura Meade	SR	Utica	8.03	1 8.023
24	Stephanie Brown	JR	Springfield	8.04	3 8.032
25	Kayla Huba	FR	SUNY Geneseo	8.04	3 8.034
26	Michaela Kurbs	JR	St. John Fisher	8.05	1
27	Isabelle Rowley	FR	St. John Fisher	8.08	3
28	Kadie-Ann Whyte	JR	SUNY Delhi	8.11	4
29	Alyssa LaBelle	SR	Cortland St.	8.12	3
30	Hannah Kepler	FR	Stevenson	8.13	4
31	Ava Novak	JR	Vassar	8.16	2
32	Hayley Castagnier	JR	St. Lawrence	8.20	1

Women 60 Meter Dash

=====				
Meet:	M	7.65	3/7/2020	Amanda Crooks, Moravian
Name		Year	School	Finals Points
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Finals

1	Maria Muzzarelli	SO	Widener	7.77	10
2	Traci Francis	SO	Vassar	7.81	8
3	Jayla Gore	FR	Widener	7.83	6
4	Valandra Riggins	JR	TCNJ	7.84	5
5	Alexa Rine	JR	Susquehanna	7.97	4
6	Samantha Shea	SR	St. John Fisher	8.00	3
7	Sarah Levine	SR	Brockport St.	8.01	2

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Women 200 Meter Dash

Meet: M 25.23 3/2/2019 Michaela Burrell, Rochester						
Name	Year	School	Finals	H#	Points	
1 Natalia Sawyer	FR	Buffalo State	25.19M	9	10	25.186
2 Jasmine Broadway	SO	Rowan	25.19M	8	8	25.188
3 Susan Bansbach	SR	Rochester	25.25	10	6	
4 Laura Mathews	JR	Stevens	25.30	10	5	
5 Molly Lodge	SO	Rowan	25.49	9	4	
6 Isre'al Conerly	SR	NYU	25.51	9	3	
7 Zhane Lettsome	FR	St. John Fisher	25.59	3	2	
8 Gwen Shepardson	SR	SUNY Geneseo	25.61	10	1	
9 Kate Koutsourades	JR	SUNY Geneseo	25.66	8		
10 Rebecca Kneppel	SO	Ramapo	25.73	7		
11 Chidimma Igwe	SR	Rutgers-Newark	25.81	2		
12 Mackenzie Mix	SO	Utica	25.86	9		
13 Crystal Robinson	SR	Moravian	25.90	6		
14 Ashlyn MacLure	SR	TCNJ	25.91	7		
15 Gwendolyn Andersen	JR	Springfield	25.93	3		
16 Meredith Yaskovic	SO	Ramapo	26.04	7		
17 Sydney Fackrell	SR	Springfield	26.06	4		
18 Autumn Pittman	SO	Cortland St.	26.12	2		
19 Sarah Levine	SR	Brockport St.	26.15	5		
20 Khia Laster	SO	Buffalo State	26.16	4		26.154
21 Victoria Purritano	SR	TCNJ	26.16	1		26.155
22 Elizabeth Liriano	SR	Cortland St.	26.21	8		
23 Kathleen Pedersen	JR	Rowan	26.22	2		
24 Kayla Huba	FR	SUNY Geneseo	26.23	6		26.223
25 Noelle Gonzalez	SR	Scranton	26.23	5		26.228
26 Darrian Berkheimer	SO	Lebanon Valley	26.25	1		
27 Erin Buquicchio	SR	TCNJ	26.26	4		
28 Ava Novak	JR	Vassar	26.32	7		
29 Stephanie Brown	JR	Springfield	26.33	4		
30 Helen Davis	SR	Moravian	26.44	5		
31 Sam Pynn	SO	SUNY Geneseo	26.46	2		
32 Julianna Klimow	SO	SUNY Geneseo	26.52	5		
33 Marley Froe	SO	Union (N.Y.)	26.64	6		
34 Caroline Hill	SO	RIT	26.67	8		
35 Miranda Cole	FR	SUNY Delhi	26.74	6		
36 Abby Giamoni	SO	Moravian	26.85	3		
37 Erin Picklo	FR	TCNJ	26.90	1		
-- Maria Grill	SR	TCNJ	DNF	10		

Women 400 Meter Dash

Meet: M 57.11 2/26/2016 Marisa Turner, St. Lawrence						
Name	Year	School	Finals	H#	Points	
1 Kate Isaac	JR	Rochester	57.71	7	10	
2 Megan Bell	SO	Rochester	58.02	7	8	
3 Molly Lodge	SO	Rowan	58.20	3	6	
4 Elizabeth Liriano	SR	Cortland St.	58.49	7	5	
5 Megan Gasnick	SR	TCNJ	58.51	7	4	
6 Kathleen Pedersen	JR	Rowan	58.60	6	3	
7 Kelly Barr	FR	Widener	58.63	6	2	

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....Women 400 Meter Dash

8	Kristin Hardy	SR Rochester	58.94	6	1
9	Clara Sensini	SR Brockport St.	59.19	6	
10	Noelle Gonzalez	SR Scranton	59.47	5	
11	Abigail Radcliffe	SO DeSales	59.76	3	
12	Amanthy Sosa Caceres	SR Rowan	59.90	4	
13	Grace Wright	SO St. John Fisher	1:00.03	5	
14	Erin Hanlon	SO TCNJ	1:00.10	5	
15	Jasmine Wilson	JR Stevenson	1:00.37	4	
16	Emma Conroy	FR Stockton	1:00.38	3	
17	Abbey Szumloz	SR Nazareth	1:00.60	4	
18	Kelly O'Grady	FR TCNJ	1:00.66	4	
19	Sabrina Richards	SR SUNY Delhi	1:01.24	2	
20	Ivy Laffan	SO PSU-Behrend	1:02.42	2	
21	Sarah Rivet	JR Alfred State	1:02.67	1	
22	Ashley Newman	FR Susquehanna	1:02.86	1	
23	Alexandria Wisniewski	JR Houghton	1:02.94	2	
24	Aminata Sissoko	SO Lehman	1:06.74	1	

Women 800 Meter Run

=====					
Meet: M 2:13.89		1985	Marie Bernard, Stony Brook		
Name	Year	School	Finals	H#	Points
=====					
1 Windsor Ardner	JR	SUNY Geneseo	2:12.51M	4	10
2 Janelle Eckl	SO	SUNY Geneseo	2:16.06	4	8
3 Allison Uhl	SR	TCNJ	2:16.10	4	6
4 Raechel Zielinski	JR	SUNY Geneseo	2:16.20	4	5
5 Nieve Mahood	SO	SUNY Geneseo	2:18.13	4	4
6 Donna Holt	SO	Widener	2:18.98	2	3
7 Jennifer Metz	JR	Brockport St.	2:19.46	4	2
8 Aminata Johnson	FR	NYU	2:19.62	1	1
9 Jacqueline Liu	FR	Carnegie Mellon	2:19.88	3	
10 Audrey Karwowski	FR	Grove City	2:19.90	2	
11 Brooke Adams	JR	Ursinus	2:20.02	2	
12 Kavya Tummalapalli	SR	Carnegie Mellon	2:20.18	3	
13 Rachel Rose	JR	Ithaca	2:20.20	3	
14 Mona Yuan	SR	Carnegie Mellon	2:20.85	3	
15 Nina Burden	SO	Stevens	2:20.90	2	
16 Kayla Kass	FR	Stockton	2:21.22	3	
17 Anna Sasse	SO	Rowan	2:21.86	2	
18 Aislyn McDonough	SR	Plattsburgh St.	2:22.31	4	
19 Alexis Parent	FR	St. Lawrence	2:22.32	1	
20 Joy Petersen	FR	Ithaca	2:22.73	2	
21 Claire Lenihan	SR	SUNY Geneseo	2:22.96	3	
22 Katelyn Schoener	SR	Alvernia	2:23.33	1	
23 Carissa Minarovich	SR	Rochester	2:23.38	2	
24 Robin Collura	JR	Rowan	2:23.52	1	
25 Alycia Haynes	SR	Farmingdale St.	2:23.95	1	
26 Vanessa Ramos	FR	Brockport St.	2:25.14	3	
27 Abigail Nautel	FR	RIT	2:25.21	2	
28 Faith Coyle	SO	Oswego State	2:29.00	3	
29 Jocelyn Dames	FR	Marywood	2:32.84	1	

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Women 1 Mile Run

=====					
Meet: M 4:58.53 2/27/2016 Lisa Grohn, St. Lawrence					
Name	Year	School	Finals	H#	Points
=====					
1 Allison Sibold	SO	St. Lawrence	5:02.71	3	10
2 Amelia Smith	SR	DeSales	5:06.06	3	8
3 Katherine Cheng	SO	NYU	5:07.94	3	6
4 Leah Haley	SR	NYU	5:08.72	2	5
5 Kaitlyn Grossman	SO	SUNY Geneseo	5:09.14	3	4
6 Samantha Hoffmann	SO	Scranton	5:09.20	2	3
7 Grace Smith	SO	Grove City	5:09.26	2	2
8 Anna Sasse	SO	Rowan	5:10.39	2	1
9 Catherine Dacey	SO	Union (N.Y.)	5:10.44	3	
10 Sarah Devries	JR	Misericordia	5:10.83	3	
11 Jessica Goode	FR	Ithaca	5:11.18	2	
12 Katherine Rice	SO	TCNJ	5:11.30	2	
13 Savanna Carr	SR	PSU-Behrend	5:11.41	3	
14 Margaret Ann Healy	FR	Carnegie Mellon	5:11.62	2	
15 Marie Naudus	SO	SUNY Geneseo	5:11.91	3	
16 Katelyn Schoener	SR	Alvernia	5:12.60	2	
17 Salini Iyer	SO	TCNJ	5:15.50	2	
18 Brianna Wagner	SO	Misericordia	5:17.23	1	
19 Marlee Angus	SR	Cortland St.	5:18.06	2	
20 Ann Brennan	FR	SUNY Geneseo	5:18.08	1	
21 Amelia Gilbert	SR	RIT	5:18.67	1	
22 Augusta Stockman	SR	Vassar	5:19.48	3	
23 Faith Coyle	SO	Oswego State	5:20.77	1	
24 Zoey Cassavell	SO	Ramapo	5:21.22	1	
25 Rachel Rouse	FR	Stevens	5:27.23	1	
26 Veronica Dailey	JR	Brockport St.	5:27.92	1	
27 Olivia Grinnell	FR	St. John Fisher	5:28.03	1	
28 Emily Weaver	SR	Nazareth	5:29.40	1	
29 Ella DePhillips	JR	Oneonta	5:34.51	1	

Women 3000 Meter Run

Meet: M 9:44.7h 1984 Trisha Lacasse, Cortland					
Name	Year	School	Finals	Points	
1 Olivia Nola	SO	PSU-Behrend	10:04.06	10	
2 Lilly Fowler-Conner	SO	SUNY Geneseo	10:04.71	8	
3 Amanda Burrichter	JR	Houghton	10:05.40	6	
4 Isabelle Pardew	SR	Stevenson	10:08.50	5	
5 Emma Palumbo	SO	St. Lawrence	10:08.72	4	
6 Gabriella McCarthy	SO	SUNY Geneseo	10:11.37	3	
7 Emily Hoegler	SO	TCNJ	10:16.62	2	
8 Augusta Stockman	SR	Vassar	10:18.20	1	
9 Lucy Gott	FR	NYU	10:20.99		
10 Suzanne Zaugg	JR	Ramapo	10:22.03		
11 Taylor Harris	FR	Hamilton	10:26.21		
12 Stella Gladden	FR	NYU	10:26.71		
13 Olivia Watson	JR	St. Lawrence	10:28.52		
14 Coyla Bartholomew	FR	Lebanon Valley	10:28.69		
15 Sarah Skane	JR	York (Pa.)	10:29.58		
16 Carly Gable	JR	Widener	10:30.42		

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17 Katherine Sheehy	JR St. Lawrence	10:30.74
18 Haley Estus	SO DeSales	10:31.35
19 Allison Nicinski	SR DeSales	10:54.46
20 Cristina Gaskiewicz	FR Oswego State	11:07.43

Women 5000 Meter Run

=====					
Meet: M 16:47.36		2003	Melissa White, Geneseo		
Name	Year	School	Finals	H#	Points
=====					
1 Penelope Greene	SO	SUNY Geneseo	17:16.40	2	10
2 Jessica Hoffmann	SR	Scranton	17:17.41	2	8
3 Isabelle Pardew	SR	Stevenson	17:34.01	2	6
4 Kerry Flower	JR	Brockport St.	17:47.66	2	5
5 Sennett Turner	JR	Rochester	17:52.40	2	4
6 Sarah Devries	JR	Misericordia	17:55.52	2	3
7 Megan Francoeur	SO	Oneonta	17:55.82	2	2
8 Katherine Vogel	JR	SUNY Geneseo	17:58.13	2	1
9 Olivia Watson	JR	St. Lawrence	18:15.18	2	
10 Ava Fowler	JR	Ithaca	18:16.53	2	
11 Cassidy Quinn	JR	TCNJ	18:28.58	1	
12 Abigail James	SO	Misericordia	18:28.90	1	
13 Lilianna Hanning	JR	Nazareth	18:30.20	1	
14 Lauren DeMichele	JR	St. John Fisher	18:31.28	2	
15 Tara Smurla	FR	Moravian	18:31.38	1	
16 Erin Percy	SR	RIT	18:32.65	1	
17 Katherine Sheehy	JR	St. Lawrence	18:34.29	2	
18 Melissa Fitzgibbon	SR	Elizabethtown	18:36.10	1	
19 Meredith Garrity	JR	Ithaca	18:39.22	1	
20 Isabel Marzec	SO	SUNY Geneseo	18:46.76	1	
21 Riley Corey	SR	St. John Fisher	18:53.51	1	
22 Hannah Marin	SR	NYU	18:54.42	1	
23 Alexandra Ventresca	SO	SUNY Geneseo	18:58.70	2	
24 Greta Flanagan	SO	SUNY Geneseo	19:12.36	2	
25 Leah Siegmann	FR	Brockport St.	19:18.26	1	

Women 60 Meter Hurdles**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

=====					
Meet: M 8.75		3/2/2019	Aspen McMillan, Rowan		
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1 Laura Mathews	JR	Stevens	M 8.60Q	3	
2 Gwen Shepardson	SR	SUNY Geneseo	M 8.73Q	2	
3 Logan Bruce	SR	Ithaca	8.77Q	1	
4 Chloe Yoder	JR	Susquehanna	M 8.74q	3	
5 Victoria Purritano	SR	TCNJ	8.76q	2	
6 Natalia Sawyer	FR	Buffalo State	8.93q	1	
7 Ciarra Franz	SO	St. John Fisher	8.98q	3	
8 Ejim Nnate	SO	Oneonta	9.07q	1	
9 Kristen Williams	JR	Stevens	9.18q	2	
10 Allyson Surowick	SO	SUNY Geneseo	9.36	2	
11 Lanna Wandy	SO	SUNY Geneseo	9.53	1	

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12	Josephine Alliano	JR Oneonta	9.58	3	9.575
13	Brya Byrd	FR Rutgers-Newark	9.58	1	9.576
14	Syndi Bell	FR Widener	9.62	2	
15	Jahmilia Dennis	FR Vassar	9.66	1	
16	Carmelle Alexis	FR Rutgers-Newark	9.73	3	
17	Leila Warde	JR Union (N.Y.)	9.76	3	
18	Gloria Hughes	SO Rowan	9.86	3	
19	Sarah Mullen	JR Delaware Valley	9.89	2	

Women 60 Meter Hurdles

=====					
Meet: M 8.75 3/2/2019 Aspen McMillan, Rowan					
Name	Year	School	Finals	Points	
=====					

Finals

1	Laura Mathews	JR Stevens	8.56M	10	
2	Logan Bruce	SR Ithaca	8.69M	8	
3	Gwen Shepardson	SR SUNY Geneseo	8.73M	6	8.721
4	Chloe Yoder	JR Susquehanna	8.73M	5	8.728
5	Victoria Purritano	SR TCNJ	8.83	4	
6	Natalia Sawyer	FR Buffalo State	8.93	3	
7	Ciarra Franz	SO St. John Fisher	9.05	2	
8	Ejim Nnate	SO Oneonta	9.10	1	
9	Kristen Williams	JR Stevens	9.20		

Women 4x200 Meter Relay

=====					
Meet: M 1:44.00 3/5/2022 TCNJ, TCNJ					
V Riggins, A Demko, A MacLure, M Grill					
School			Finals	H#	Points
=====					
1	Rowan		1:41.93M	6	10
	1) Jasmine Broadway SO	2) Amanthy Sosa Caceres SR			
	3) Kathleen Pedersen JR	4) Molly Lodge SO			
2	TCNJ		1:42.14M	6	8
	1) Valandra Riggins JR	2) Ashlyn MacLure SR			
	3) Eliza Bruncaj SO	4) Maria Grill SR			
3	Rochester		1:42.81M	4	6
	1) Kate Isaac JR	2) Susan Bansbach SR			
	3) Kristin Hardy SR	4) Megan Bell SO			
4	SUNY Geneseo		1:43.06M	5	5
	1) Kayla Huba FR	2) Kate Koutsourades JR			
	3) Sam Pynn SO	4) Julianna Klimow SO			
5	Moravian		1:44.50	5	4
	1) Helen Davis SR	2) Rachel Byrne SR			
	3) Crystal Robinson SR	4) Abby Giamoni SO			
6	SUNY Delhi		1:45.00	4	3
	1) Miranda Cole FR	2) Zoe Rodi FR			
	3) Sabrina Richards SR	4) Kadie-Ann Whyte JR			
7	Susquehanna		1:45.18	6	2
	1) Ashley Newman FR	2) Alayna Krempa SO			
	3) Alexa Rine JR	4) Chloe Yoder JR			
8	Widener		1:47.22	6	1
	1) Maria Muzzarelli SO	2) Jayla Gore FR			

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....Women 4x200 Meter Relay

3) Emma Schultz SO	4) Kelly Barr FR		
9 Cortland St.	1:47.25	5	
1) Kendall Sobczyk FR	2) Alyssa LaBelle SR		
3) Julia Ross FR	4) Autumn Pittman SO		
10 St. John Fisher	1:47.36	4	
1) Grace Wright SO	2) Emma Wright SO		
3) Brenda Le SO	4) Zhane Lettsome FR		
11 Lebanon Valley	1:47.56	5	
1) Darrian Berkheimer SO	2) Alyssa Peiffer SO		
3) Emily Oriel FR	4) Tori Hunyara FR		
12 Rutgers-Newark	1:49.44	3	
1) Brya Byrd FR	2) Chidimma Igwe SR		
3) Carmelle Alexis FR	4) Pearl Oparebea SR		
13 Montclair State	1:49.90	4	
1) Michelle Itoua FR	2) Sidney Whetstone SO		
3) Jealyne Ramos SO	4) Alexa Ali FR		
14 Ithaca	1:50.17	3	
1) Natalie MacArthur SO	2) Katherine Downey JR		
3) Luca Pecora SO	4) Tessa Stanley FR		
15 Vassar	1:50.49	1	
1) Malinda Smith SR	2) Ava Novak JR		
3) Jahmilia Dennis FR	4) Traci Francis SO		
16 Hamilton	1:50.87	2	
1) Claire Tratnyek FR	2) Michelle Wu SO		
3) Hannah Turner FR	4) Leah Basel JR		
17 Alfred State	1:51.34	2	
1) Madeline Cole JR	2) Lily Schnell JR		
3) Lawery Edwards FR	4) Sarah Rivet JR		
18 PSU-Behrend	1:51.61	1	
1) Madison Kappeler SO	2) Ivy Laffan SO		
3) Haley Felton SO	4) Angelina Compeggie FR		
19 Hood	1:55.60	1	
1) Gloria Castillo SO	2) Chloe McQuillen SO		
3) Shayna Hancock JR	4) Megan Pezenosky FR		
20 Farmingdale St.	1:55.96	3	
1) Amira Kemp SR	2) Jillian Kosky JR		
3) Meghan Cichon JR	4) Emily Russell JR		
-- Stockton	DQ	3	1st leg to 2nd
1) Emma Conroy FR	2) Ashanae Morrison SO		
3) Kaylee Apple SR	4) Khristina Washington JR		

Women 4x400 Meter Relay

=====				
Meet: M 3:50.60	3/4/2022	Geneseo, Geneseo		
	J Strickland, L Zopf, M Mulder, A Flaitz			
School	Finals	H#	Points	
=====				
1 Rochester	3:48.15M	3	10	
1) Kate Isaac JR	2) Megan Bell SO			
3) Kristin Hardy SR	4) Susan Bansbach SR			
2 Rowan	3:51.16	3	8	
1) Kathleen Pedersen JR	2) Jasmine Broadway SO			
3) Molly Lodge SO	4) Nevaeh Lorjuste SO			
3 SUNY Geneseo	3:53.69	3	6	

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1) Kate Koutsourades JR	2) Gwen Shepardson SR			
3) Julianna Klimow SO	4) Janelle Eckl SO			
4 Moravian	3:59.11	2	5	
1) Rachel Byrne SR	2) Elena Bocchetti FR			
3) Crystal Robinson SR	4) Abby Giamoni SO			
5 Brockport St.	3:59.35	3	4	
1) Clara Sensini SR	2) Vanessa Ramos FR			
3) Jennifer Metz JR	4) Sarah Levine SR			
6 Ramapo	4:00.65	2	3	
1) Barbara Exilus SO	2) Rebecca Kneppel SO			
3) Meredith Yaskovic SO	4) Gbarper Dwah FR			
7 St. John Fisher	4:00.72	1	2	
1) Grace Wright SO	2) Emma Wright SO			
3) Brenda Le SO	4) Samantha Shea SR			
8 Stockton	4:01.91	2	1	
1) Emma Conroy FR	2) Lauren Maldonado SR			
3) Emma Petrolia FR	4) Kayla Kass FR			
9 Cortland St.	4:07.45	1		
1) Avery Hebert JR	2) Maris Seabury SO			
3) Helena Trackey FR	4) Yasmine Peralta FR			
10 Widener	4:12.27	1		
1) Elise Daniel SO	2) Carly Lownes JR			
3) Erin O'Brien FR	4) Olivia Giannella FR			

Women Distance Medley

=====				
Meet: M 11:51.09	2003	Ithaca		
	K. Cravotta, L. Janovich, E. Maston, A. Laytham			
School		Finals	H#	Points
=====				
1 Widener	12:26.07	1	10	
1) Emily Cooney SO	2) Emma Schultz SO			
3) Jaden Sweely SO	4) Carly Gable JR			
2 DeSales	12:27.02	2	8	
1) Haley Estus SO	2) Abigail Radcliffe SO			
3) Shae Zeitler FR	4) Amelia Smith SR			
3 Stevens	12:33.08	2	6	
1) Nina Burden SO	2) Allie Canciani SO			
3) Rachel Pinho JR	4) Rachel Rouse FR			
4 Misericordia	12:33.20	2	5	
1) Madison Kammer FR	2) Casey Allen SO			
3) Kristin Gallagher SO	4) Brianna Wagner SO			
5 Oneonta	12:37.63	2	4	
1) Eva Woodworth FR	2) Danielle Jackson SO			
3) Ella DePhillips JR	4) Olivia O'Donnell JR			
6 Nazareth	12:39.29	2	3	
1) Ella Impaglia FR	2) Shiana Susa FR			
3) Abbey Szumloz SR	4) Emily Weaver SR			
7 RIT	12:40.15	2	2	
1) Sierra Danieau SO	2) Caroline Hill SO			
3) Abigail Nautel FR	4) Amelia Gilbert SR			
8 Rowan	12:42.74	2	1	
1) Gabriella Pagano FR	2) Amanthy Sosa Caceres SR			
3) Robin Collura JR	4) Anna Sasse SO			

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....Women Distance Medley

9 Muhlenberg	12:43.08	2
1) Adrienne Ellison SR	2) Ellen Maguire SO	
3) Erin Jackson SO	4) Caitlin Kinnear JR	
10 Lebanon Valley	12:53.18	1
1) Autumn Garges FR	2) Alyssa Peiffer SO	
3) Sierra Kapcsos FR	4) Coyla Bartholomew FR	
11 Stockton	12:55.08	1
1) Jessie Klenk SR	2) Meredith O'Donnell SO	
3) Rachel Hayes FR	4) Jaelyn Barkley SO	
12 Alfred	12:56.23	1
1) Olivia Gilbert SO	2) Ashley Page JR	
3) Sarah Lutkins SO	4) McKenzie Hall SO	
13 Ithaca	12:58.58	2
1) Emily Johnson SO	2) Katherine Downey JR	
3) Giana Haubrich SO	4) Julia Tomanovich JR	
14 TCNJ	13:12.13	1
1) Alex Grivas FR	2) Erin Buquicchio SR	
3) Sameerah Khan JR	4) Molly Bossdorf SO	
15 PSU-Behrend	13:16.69	2
1) Olivia Nola SO	2) Ivy Laffan SO	
3) Emily Ferrans JR	4) Lindsey Hartle FR	
16 St. John Fisher	13:16.77	1
1) Riley Jameson SO	2) Hayly Fredrickson SO	
3) Logan Fredrickson SO	4) Caitlin Voloshen FR	
17 Hamilton	13:19.34	1
1) Sylvie Najarian SO	2) Claire Tratnyek FR	
3) Eva McIlraith FR	4) Naomi Andrew SO	
18 St. Mary's (Md.)	13:32.98	1
1) Elizabeth Robey JR	2) Alana Thompson SO	
3) Brittney Douglas FR	4) Lauren Sapp SR	

Women High Jump

Meet: M 1.75m 1999 Marie Megnin, Hartwick					
Name	Year	School	Finals		Points
1 Danielle Fisk		JR Cortland St.	1.65m	5-05.00	10
1.50 1.55 1.60 1.65 1.69					
PPP PPP XXO XXO XXX					
2 Caroline Tighe		SO Stevens	1.60m	5-03.00	8
1.50 1.55 1.60 1.65					
O O O XXX					
3 Lexi Groff		JR Moravian	1.60m	5-03.00	6
1.50 1.55 1.60 1.65					
PPP XO O XXX					
4 Logan Bruce		SR Ithaca	1.60m	5-03.00	4.50
1.50 1.55 1.60 1.65					
O O XO XXX					
4 Melena Koutch		SO Lebanon Valley	1.60m	5-03.00	4.50
1.50 1.55 1.60 1.65					
O O XO XXX					
6 Michaela Levesque		JR Brockport St.	1.60m	5-03.00	3
1.50 1.55 1.60 1.65					
O XO XO XXX					

Meet: M 4.27m 3/2/2018 Katherine Pitman, Ithaca											
Name	Year				School	Finals				Points	
1 Meghan Matheny	SR				Ithaca	3.86m 12-08.00				10	
3.11 3.26 3.41 3.56 3.71	3.76	3.81	3.86	3.92							
PPP PPP O XO O	XO	O	O	XXX							
2 Emma Rudolph	SR				Westminster (Pa.)	3.81m 12-06.00				8	
3.11 3.26 3.41 3.56 3.71	3.76	3.81	3.86								
PPP PPP PPP PPP PPP	O	O	XX								

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....Women Pole Vault

3	Martha Kemp-Neilson	JR Ithaca	3.71m	12-02.00	6
	3.11 3.26 3.41 3.56 3.71 3.76				
	PPP O O O XXO XXX				
4	Sara Altonen	SO Ithaca	3.71m	12-02.00	5
	3.11 3.26 3.41 3.56 3.71 3.76				
	PPP PPP XO O XXO XXX				
5	Madeline O'Connell	SR Rochester	3.56m	11-08.00	3
	3.11 3.26 3.41 3.56 3.71				
	PPP PPP O O XXX				
5	Julia Pena	JR York (Pa.)	3.56m	11-08.00	3
	3.11 3.26 3.41 3.56 3.71				
	PPP PPP O O XXX				
5	Madison Conley	JR Westminster (Pa.)	3.56m	11-08.00	3
	3.11 3.26 3.41 3.56 3.71 3.76				
	PPP O PPP O PPP XXX				
8	Savannah Steger	JR Widener	3.41m	11-02.25	1
	3.11 3.26 3.41 3.56				
	O XO XO XXX				
9	Madison Kappeler	SO PSU-Behrend	3.26m	10-08.25	
	3.11 3.26 3.41				
	O O XXX				
9	Kennedy Heichel	JR Ithaca	3.26m	10-08.25	
	3.11 3.26 3.41				
	O O XXX				
9	Jamie Rossig	JR Ithaca	3.26m	10-08.25	
	3.11 3.26 3.41				
	O O XXX				
12	Catherine Fox	SR RIT	3.26m	10-08.25	
	3.11 3.26 3.41				
	XXO O XXX				
13	Cara Pellechia	FR Fredonia	3.26m	10-08.25	
	3.11 3.26 3.41				
	PPP XO XXX				
14	Isabel Morse	FR Nazareth	3.26m	10-08.25	
	3.11 3.26 3.41				
	XO XO XXX				
14	Mya Henry	SO Brockport St.	3.26m	10-08.25	
	3.11 3.26 3.41				
	XO XO XXX				
16	Jillian Scott	SO Springfield	3.26m	10-08.25	
	3.11 3.26 3.41				
	O XXO XXX				
16	Tess Eichner	SO Brockport St.	3.26m	10-08.25	
	3.11 3.26 3.41				
	O XXO XXX				
16	Kiara Tornusciolo	FR Nazareth	3.26m	10-08.25	
	3.11 3.26 3.41				
	O XXO XXX				
16	Emily Oriel	FR Lebanon Valley	3.26m	10-08.25	
	3.11 3.26 3.41				
	O XXO XXX				
16	Erin Eastwood	FR Ithaca	3.26m	10-08.25	
	3.11 3.26 3.41				
	O XXO XXX				

Meet: M 5.95m 3/3/2018 Camille Wutz, Geneseo									
Name	Year			School	Finals		H#	Points	
1 Sarah Wagner	SO			Misericordia	5.56m	18-03.00	2	10	
5.56m 5.18m 5.53m	FOUL			5.20m 5.49m					
2 Brenna Johnson	SR			Nazareth	5.55m	18-02.50	2	8	
5.55m 5.46m 5.48m	FOUL			FOUL FOUL					
3 Julia Pena	JR			York (Pa.)	5.53m	18-01.75	2	6	
5.44m FOUL 5.34m	5.51m 5.53m			FOUL					
4 Mia Montgomery	SR			Brockport St.	5.47m	17-11.50	2	5	
FOUL 4.41m 5.27m	5.47m 5.38m 5.37m								
5 Sara Brown	JR			Ithaca	5.45m	17-10.75	2	4	
5.28m 5.18m 5.35m	5.45m 5.38m 5.05m								
6 Michaela Kurbs	JR			St. John Fisher	5.38m	17-08.00	2	3	
5.22m 5.38m FOUL	5.05m 5.31m			FOUL					
7 Remi Acord	SO			Susquehanna	5.37m	17-07.50	2	2	
FOUL 4.77m 5.37m	5.06m			FOUL FOUL					
8 Hannah Alderfer	SO			Susquehanna	5.33m	17-06.00	2	1	
FOUL 5.20m 5.32m	5.07m 5.31m 5.33m								
9 Ally Alvira	SO			SUNY Geneseo	5.25m	17-02.75	1		
FOUL 5.25m 5.21m	4.73m			FOUL 5.12m					
10 Katelyn Jacques	SO			SUNY Geneseo	5.24m	17-02.25	2		
FOUL 5.24m 5.13m									
11 Allison Regnante	SO			RIT	5.22m	17-01.50	1		
5.22m 5.08m FOUL									
12 Nyah Solly	FR			Alfred	5.22m	17-01.50	1		
5.06m FOUL 5.22m									
13 Lola Perez-Fry	SR			Vassar	5.21m	17-01.25	1		
3.97m 4.80m 5.21m									
14 Ashleigh Barrett	FR			Rochester	5.19m	17-00.50	1		
FOUL 5.19m 4.99m									
15 Sam Pynn	SO			SUNY Geneseo	5.16m	16-11.25	1		
4.78m 4.85m 5.16m									
16 Alyssa Hoogs	SR			Rochester	5.13m	16-10.00	2		
FOUL 5.11m 5.13m									
17 Hannah Ragule	JR			Nazareth	5.13m	16-10.00	2		
4.97m FOUL 5.13m									
18 Kristina Washington	JR			Stockton	5.10m	16-08.75	1		
4.98m 5.10m 5.02m									
19 Emma Vezzosi	SR			Grove City	5.05m	16-07.00	2		
5.05m FOUL 4.89m									

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....Women Long Jump

20	Allyson Surowick	SO SUNY Geneseo	5.05m	16-07.00	1
	5.05m FOUL FOUL				
21	Sidney Whetstone	SO Montclair State	5.01m	16-05.25	1
	FOUL 5.01m 4.76m				
22	Marissa LeDuc	FR Plattsburgh St.	4.97m	16-03.75	1
	4.79m 4.97m 4.97m				
23	Karla Gomez-Matos	JR TCNJ	4.97m	16-03.75	1
	FOUL FOUL 4.97m				
24	McKenzie Leahey	SR Nazareth	4.83m	15-10.25	1
	FOUL FOUL 4.83m				
25	Khia Laster	SO Buffalo State	4.77m	15-07.75	2
	FOUL FOUL 4.77m				
26	Danielle Fisk	JR Cortland St.	4.74m	15-06.75	1
	4.70m FOUL 4.74m				
--	Veronica Duell	SO St. John Fisher	FOUL		2
	FOUL FOUL FOUL				

Women Triple Jump

Meet: M 12.23m 1997 Monique Hacker, Binghamton									
Name	Year	School	Finals	H#	Points				
1 Shinelle Felix		SO Alvernia	12.15m	39-10.50	2	10			
	11.93m 12.04m 12.13m	11.55m 11.92m 12.15m							
2 Remi Acord		SO Susquehanna	11.67m	38-03.50	2	8			
	11.14m 11.11m 11.23m	11.37m 11.41m 11.67m							
3 Samantha Paul		SO Springfield	11.31m	37-01.25	2	6			
	10.58m 11.30m 11.31m	FOUL 11.02m 10.88m							
4 Mylina Castillo		FR Alvernia	11.27m	36-11.75	2	5			
	11.17m 11.15m 10.94m	10.95m 11.27m 11.25m							
5 Mia Montgomery		SR Brockport St.	11.27m	36-11.75	1	4			
	11.27m 11.00m 11.06m	FOUL 10.74m FOUL							
6 Jahmilia Dennis		FR Vassar	11.18m	36-08.25	2	3			
	FOUL FOUL 11.15m 11.18m	FOUL PASS							
7 Cora Rose		SO Rochester	11.15m	36-07.00	1	2			
	11.15m 10.98m 10.87m	11.07m 10.88m FOUL							
8 Alyssa Hoogs		SR Rochester	11.04m	36-02.75	2	1			
	10.71m 10.88m 11.04m	10.75m 10.83m 10.74m							
9 Sarah Wagner		SO Misericordia	11.00m	36-01.25	2				
	FOUL FOUL 11.00m 10.83m	10.93m 10.55m							
10 Luca Pecora		SO Ithaca	10.95m	35-11.25	2				
	FOUL 10.95m 10.85m								
11 Hannah Ragule		JR Nazareth	10.95m	35-11.25	2				
	10.83m 10.42m 10.95m								
12 Emma Petrolia		FR Stockton	10.87m	35-08.00	2				
	10.82m 10.87m 10.83m								
13 Laura Meade		SR Utica	10.86m	35-07.75	2				
	10.86m 10.74m 10.77m								
14 Isabella Heath		JR Nazareth	10.84m	35-06.75	1				
	10.84m 10.58m 10.83m								
15 Areyanna McCarthy		FR NYU	10.74m	35-03.00	1				
	10.55m 10.74m FOUL								
16 Lena Kiehl		SO SUNY Geneseo	10.72m	35-02.00	1				
	10.66m 10.72m FOUL								

Meet: M 15.42m 3/2/2018 Victoire Kothor, Brockport										
Name	Year		School		Finals		H#	Points		
1 Shahyan Abraham			SR	Stockton	12.98m	42-07.00	2	10		
FOUL	FOUL	12.36m	12.17m	12.98m	FOUL					
2 Isabelle Deal			SR	Ursinus	12.97m	42-06.75	2	8		
12.25m	12.56m	12.71m	12.12m	12.41m	12.97m					
3 Isabella Fabrizio			SO	Oneonta	12.96m	42-06.25	2	6		
12.62m	12.96m	12.69m	12.65m	12.88m	11.85m					
4 Brenna Karnish			SR	Misericordia	12.85m	42-02.00	2	5		
11.97m	12.75m	12.85m	12.74m	12.60m	12.24m					
5 Sarah Crockett			JR	Brockport St.	12.73m	41-09.25	2	4		
12.54m	12.25m	12.30m	12.66m	12.73m	12.28m					
6 Rosalyn Page			SO	Marywood	12.45m	40-10.25	2	3		
11.28m	11.58m	12.29m	12.45m	FOUL	11.92m					
7 Jane Fahy			SR	Utica	12.39m	40-07.75	2	2		
FOUL	11.16m	12.15m	12.39m	12.06m	11.91m					
8 Kathleen Monahan			SO	Carnegie Mellon	12.32m	40-05.00	2	1		
12.32m	12.25m	11.90m	11.40m	FOUL	12.25m					
9 Zoe Conner			SO	SUNY Geneseo	12.22m	40-01.25	2			
10.72m	12.17m	FOUL	11.14m	11.27m	12.22m					
10 Makenna King			JR	St. John Fisher	12.14m	39-10.00	1			
12.14m	FOUL	11.58m								
11 Marinna Heichberger			FR	RIT	11.97m	39-03.25	1			
10.35m	11.97m	FOUL								
12 Kaitlyn Bjelko			SR	Plattsburgh St.	11.80m	38-08.75	2			
11.63m	11.80m	11.45m								
13 Lyndsay O'Brien			SR	St. John Fisher	11.76m	38-07.00	1			
11.76m	10.54m	FOUL								
14 Christa Carr			SR	Springfield	11.70m	38-04.75	1			
10.55m	11.23m	11.70m								

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....Women Shot Put

15	Lily Seyfert	FR Ithaca	11.57m	37-11.50	2
	11.57m 11.51m 10.56m				
16	Taniya Giles	FR Montclair State	11.49m	37-08.50	2
	FOUL 11.49m 11.12m				
17	Emelene Burek	JR Oneonta	11.47m	37-07.75	1
	10.97m 10.72m 11.47m				
18	AnaMaria Laccetti	SR Stevens	11.45m	37-06.75	2
	FOUL 11.35m 11.45m				
19	Edith Gonzalez	JR TCNJ	11.44m	37-06.50	1
	11.43m FOUL 11.44m				
20	Ola Owodunni	SR Carnegie Mellon	11.42m	37-05.75	1
	9.72m 11.40m 11.42m				
21	Lexi Shiderly	SO Westminster (Pa.)	11.39m	37-04.50	1
	11.14m FOUL 11.39m				
22	Sophie Warren	JR Springfield	11.25m	36-11.00	1
	11.25m FOUL FOUL				
23	Kerri McCarthy	SO TCNJ	11.22m	36-09.75	1
	11.22m 11.18m FOUL				
24	Erin McGuinness	FR St. John Fisher	10.93m	35-10.50	1
	10.20m 10.75m 10.93m				
25	Trinity Dees	FR Brockport St.	10.75m	35-03.25	1
	10.75m 10.26m 10.65m				
26	Teghan Garri	SO Oneonta	10.64m	34-11.00	1
	10.38m 10.55m 10.64m				
27	Maggie Boyer	SO Susquehanna	10.58m	34-08.50	2
	10.58m FOUL FOUL				
28	Kate Bellman	JR Oneonta	10.49m	34-05.00	1
	9.86m 10.49m 10.10m				
29	Katrina Chandler	FR Brockport St.	9.77m	32-00.75	1
	9.77m 9.63m FOUL				

Women Weight Throw

Meet: M 18.36m 2011										Yaneve Fonge, Rochester									
Name				Year School				Finals				H#		Points					
1	Lea Richard				JR Nazareth			17.22m	56-06.00	3	10								
	16.54m	17.03m	17.22m	15.77m	FOUL	17.06m													
2	Brenna Karnish				SR Misericordia			17.09m	56-01.00	3	8								
	16.72m	16.51m	16.43m	16.59m	16.67m	17.09m													
3	Zoe Conner				SO SUNY Geneseo			16.68m	54-08.75	3	6								
	16.56m	FOUL	16.68m	16.24m	15.17m	FOUL													
4	Sarah Crockett				JR Brockport St.			16.58m	54-04.75	3	5								
	16.57m	15.89m	16.55m	16.47m	15.82m	16.58m													
5	Emily Galvin				SR Rowan			16.25m	53-03.75	3	4								
	FOUL	FOUL	16.13m	16.25m	15.88m	13.40m													
6	Ashley Bartels				JR Lebanon Valley			16.06m	52-08.25	3	3								
	14.40m	14.60m	16.06m	FOUL	FOUL	14.89m													
7	Shahyan Abraham				SR Stockton			16.02m	52-06.75	3	2								
	15.12m	13.79m	16.02m	15.02m	15.38m	15.94m													
8	Gillian Reeder				SR Rochester			15.93m	52-03.25	3	1								
	FOUL	15.28m	15.79m	FOUL	15.93m	15.86m													
9	Jessica Reilly				SO TCNJ			15.75m	51-08.25	3									
	FOUL	FOUL	15.75m	13.76m	15.72m	FOUL													

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....Women Weight Throw

10	Ola Owodunni	SR Carnegie Mellon	15.38m	50-05.50	3
	15.38m 14.46m 13.96m				
11	Christa Carr	SR Springfield	15.35m	50-04.50	3
	14.33m 15.35m 14.74m				
12	Sarah Parr	JR Cortland St.	15.06m	49-05.00	2
	15.06m FOUL FOUL				
13	Isabella Fabrizio	SO Oneonta	15.02m	49-03.50	2
	14.92m 15.02m 14.48m				
14	Lainey Porter	SO Brockport St.	14.88m	48-10.00	1
	14.52m FOUL 14.88m				
14	Faith Remias	SR Rutgers-Newark	14.88m	48-10.00	1
	13.18m 14.88m 13.32m				
16	Gabrielle DeSanctis	JR Utica	14.70m	48-02.75	2
	14.70m FOUL 13.80m				
17	Lauren Jaklitsch	FR SUNY Geneseo	14.69m	48-02.50	2
	FOUL 14.69m 14.54m				
18	Katrina Chandler	FR Brockport St.	14.60m	47-11.00	2
	14.60m 14.38m FOUL				
19	Lauren Assante	SO Lebanon Valley	14.49m	47-06.50	1
	13.84m 14.49m 14.11m				
20	Faith Fezenko	JR Muhlenberg	14.43m	47-04.25	1
	12.90m 14.43m 13.68m				
21	Lily Gould	SR Springfield	14.36m	47-01.50	2
	14.05m 14.36m 13.83m				
22	Hannah Jackson	JR Oneonta	14.34m	47-00.75	1
	12.71m 14.34m 13.10m				
23	Alexia Bey	FR Rowan	13.82m	45-04.25	2
	13.02m FOUL 13.82m				
24	Emma Kinnicutt	JR Brockport St.	13.68m	44-10.75	2
	FOUL 13.68m FOUL				
25	Oluwatobi Adebawale	SO Alfred State	13.59m	44-07.00	1
	FOUL FOUL 13.59m				
26	Gabi Ragozzine	FR Oneonta	13.52m	44-04.25	2
	13.52m FOUL 12.89m				
27	Gabby Bellomo	SO Misericordia	13.29m	43-07.25	1
	12.47m 12.72m 13.29m				
28	Soncerae Hamiter	SO Ithaca	13.24m	43-05.25	1
	FOUL 12.03m 13.24m				
29	Emilia Costello	SO Utica	13.15m	43-01.75	1
	13.15m 11.96m FOUL				
30	Shantel Worrell	JR New Jersey City	11.14m	36-06.75	1
	9.91m 11.14m 10.72m				
--	Maggie Boyer	SO Susquehanna	FOUL		2
	FOUL FOUL FOUL				

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1 Eliza Bruncaj	SO TCNJ	2:22.89	785
2 Ashley Heffernan	JR Rochester	2:27.56	724
3 Liana Meyer	JR Stevens	2:27.86	720
4 Michelle Fitting	SO SUNY Geneseo	2:28.54	711
5 Moriah Byrd	JR Ithaca	2:36.29	616

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....Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

6	Abrianna Kruger	JR SUNY Geneseo	2:38.96	585
7	Emily Russell	JR Farmingdale St.	2:39.22	582
8	Cecelia LaBonte	FR Ithaca	2:40.56	566
9	Emma Taggart	JR Alfred State	2:40.99	562
10	Anne Spila	FR Alfred	2:43.75	531
11	Emma Vezzosi	SR Grove City	2:51.82	445

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Eliza Bruncaj	SO TCNJ	9.08	3	893
2 Ashley Heffernan	JR Rochester	9.13	3	883
3 Hannah Alderfer	SO Susquehanna	9.33	3	842
4 Emma Vezzosi	SR Grove City	9.49	3	810
5 Emma Taggart	JR Alfred State	9.50	2	808
6 Liana Meyer	JR Stevens	9.71	1	767
7 Michelle Fitting	SO SUNY Geneseo	9.73	2	763
8 Abrianna Kruger	JR SUNY Geneseo	9.77	1	756
9 Moriah Byrd	JR Ithaca	9.81	2	748
10 Cecelia LaBonte	FR Ithaca	9.83	2	744
11 Anne Spila	FR Alfred	10.15	1	684
12 Emily Russell	JR Farmingdale St.	10.49	1	623

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Emma Taggart	JR Alfred State	1.60m	5-03.00 736
1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63			
PPP PPP PPP O PPP O O O O XXX			
2 Eliza Bruncaj	SO TCNJ	1.54m	5-00.50 666
1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57			
PPP PPP PPP XO XO O XXO O XXX			
3 Emily Russell	JR Farmingdale St.	1.51m	4-11.50 632
1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54			
PPP PPP O PPP XXO XO O XXX			
3 Anne Spila	FR Alfred	1.51m	4-11.50 632
1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54			
PPP PPP PPP O O O XXO XXX			
5 Michelle Fitting	SO SUNY Geneseo	1.48m	4-10.25 599
1.33 1.36 1.39 1.42 1.45 1.48 1.51			
PPP PPP PPP O O O XXX			
6 Cecelia LaBonte	FR Ithaca	1.45m	4-09.00 566
1.33 1.36 1.39 1.42 1.45 1.48			
PPP O O XXO O XXX			
7 Emma Vezzosi	SR Grove City	1.42m	4-07.75 534
1.33 1.36 1.39 1.42 1.45			
PPP PPP PPP O XXX			
7 Ashley Heffernan	JR Rochester	1.42m	4-07.75 534
1.33 1.36 1.39 1.42 1.45			
PPP O O XO XXX			

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....Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

7	Abrianna Kruger	JR SUNY Geneseo	1.42m	4-07.75	534
	1.33 1.36 1.39 1.42 1.45				
	O O XO XO XXX				
10	Moriah Byrd	JR Ithaca	1.39m	4-06.75	502
	1.33 1.36 1.39 1.42				
	XXO O O XXX				
10	Liana Meyer	JR Stevens	1.39m	4-06.75	502
	1.33 1.36 1.39 1.42				
	PPP O O XXX				
12	Hannah Alderfer	SO Susquehanna	1.33m	4-04.25	439
	1.33 1.36				
	XO XXX				

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Emma Vezzosi	SR Grove City	5.31m 17-05.25	645
	5.11m 5.31m 5.14m		
2 Ashley Heffernan	JR Rochester	5.24m 17-02.25	626
	5.24m 5.07m 5.18m		
3 Michelle Fitting	SO SUNY Geneseo	5.06m 16-07.25	576
	4.98m 4.88m 5.06m		
4 Moriah Byrd	JR Ithaca	5.03m 16-06.00	567
	5.03m FOUL 4.96m		
5 Hannah Alderfer	SO Susquehanna	5.02m 16-05.75	565
	FOUL 3.72m 5.02m		
6 Eliza Bruncaj	SO TCNJ	5.00m 16-05.00	559
	5.00m FOUL FOUL		
7 Emma Taggart	JR Alfred State	4.94m 16-02.50	543
	4.94m 4.88m 4.43m		
8 Anne Spila	FR Alfred	4.86m 15-11.50	522
	4.72m 4.86m 4.20m		
9 Cecelia LaBonte	FR Ithaca	4.82m 15-09.75	511
	4.82m 4.65m 4.59m		
10 Abrianna Kruger	JR SUNY Geneseo	4.73m 15-06.25	487
	4.73m 4.61m 4.64m		
11 Emily Russell	JR Farmingdale St.	4.69m 15-04.75	477
	4.69m FOUL FOUL		
12 Liana Meyer	JR Stevens	4.68m 15-04.25	474
	4.68m FOUL FOUL		

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points
1 Emma Taggart	JR Alfred State	10.76m 35-03.75	579
	10.17m 10.69m 10.76m		
2 Emily Russell	JR Farmingdale St.	10.48m 34-04.75	561
	9.14m 10.03m 10.48m		
3 Moriah Byrd	JR Ithaca	10.45m 34-03.50	559
	10.18m 9.77m 10.45m		
4 Emma Vezzosi	SR Grove City	9.60m 31-06.00	503
	9.57m 9.60m 9.49m		

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....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

5	Liana Meyer	JR Stevens	9.13m	29-11.50	473
	8.95m 9.13m 8.46m				
6	Abrianna Kruger	JR SUNY Geneseo	8.74m	28-08.25	447
	8.74m FOUL 8.09m				
7	Anne Spila	FR Alfred	8.54m	28-00.25	434
	8.43m 8.54m 8.47m				
8	Hannah Alderfer	SO Susquehanna	8.51m	27-11.00	432
	7.75m 8.51m 8.26m				
9	Ashley Heffernan	JR Rochester	8.16m	26-09.25	410
	7.09m 8.16m 7.83m				
10	Michelle Fitting	SO SUNY Geneseo	7.99m	26-02.75	399
	7.47m 7.99m 7.78m				
11	Eliza Bruncaj	SO TCNJ	7.93m	26-00.25	395
	7.93m 7.47m 7.62m				
12	Cecelia LaBonte	FR Ithaca	7.32m	24-00.25	356
	7.09m 7.32m 6.36m				

Women Indoor Pentathlon

=====					
Meet: M 3508 2010		Emma Dewart, Ithaca			
Name	Year	School	Finals	H#	Points
=====					
1	Eliza Bruncaj	SO TCNJ	3298	10	
2	Emma Taggart	JR Alfred State	3228	8	
3	Ashley Heffernan	JR Rochester	3177	6	
4	Michelle Fitting	SO SUNY Geneseo	3048	5	
5	Moriah Byrd	JR Ithaca	2992	4	
6	Emma Vezzosi	SR Grove City	2937	3	
7	Liana Meyer	JR Stevens	2936	2	
8	Emily Russell	JR Farmingdale St.	2875	1	
9	Abrianna Kruger	JR SUNY Geneseo	2809		
10	Anne Spila	FR Alfred	2803		
11	Cecelia LaBonte	FR Ithaca	2743		

Men 60 Meter Dash

9 Advance: Top 1 Each Heat plus Next 3 Best Times

=====					
Meet: M 6.74 3/5/2022		Jalen Leonard-Osbourne, Ithaca			
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	Jalen Leonard-Osbourne	JR Ithaca	6.78Q	6	
2	Myron Holland	JR Elizabethtown	6.81Q	5	
3	Shamar Love	JR Rowan	6.85Q	1	
4	Cameron Summers	SR Stevenson	6.89Q	3	
5	Thomas Domozych	SR TCNJ	6.96Q	4	
6	Raymond Schmitt	JR TCNJ	6.99Q	2	6.987
7	Masai Byrd	FR Rowan	6.94q	6	
8	Evan Weber	JR Springfield	6.97q	1	
9	Trevor Gray	SO Moravian	6.99q	2	6.990
10	Seth Regan	JR Springfield	7.00	3	
11	Carson Latham	SO Stockton	7.01	5	
12	Deron Davis	FR SUNY Delhi	7.02	6	
13	Antonio Stello	SR PSU-Behrend	7.05	5	

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14	Brexton Montville	JR Plattsburgh St.	7.07	4
15	Verne Garin	SR Carnegie Mellon	7.08	3
16	Tyler McGrath	FR Buffalo State	7.09	2 7.088
17	Anthony Penta	JR Springfield	7.09	4 7.090
18	Kelly Brown	JR Brockport St.	7.10	3 7.097
19	Justin Gomez	JR TCNJ	7.10	3 7.099
20	Ryan Beard	SR Westminster (Pa.)	7.11	3 7.104
21	Lance Jensen	SO SUNY Geneseo	7.11	4 7.110
22	Anthony D'Adetta	JR Ithaca	7.13	1
23	Kenyon Fenderson	SR Ramapo	7.14	2
24	Andrew Hadasz	JR Utica	7.15	6 7.143
25	Korell Asamoah	FR Hood	7.15	2 7.145
26	Aaron Ottenwalder	FR Brockport St.	7.15	1 7.147
27	Brandon Balcacer	SO Montclair State	7.16	4 7.151
28	Morris Johnson	SR Farmingdale St.	7.16	2 7.159
29	Matthew Schaffert	FR Cortland St.	7.17	5 7.162
30	Ian Dyson	SR Susquehanna	7.17	2 7.169
31	Evan Ellington	SR Hood	7.19	1 7.181
32	Nick Abdo	SR Fredonia	7.19	1 7.182
33	Cameron Sands	FR Oneonta	7.19	2 7.183
34	Jarod Cipriano	JR Misericordia	7.21	6 7.201
35	Zion Glover	JR NYU	7.21	3 7.206
36	P.J. London	SO Rochester	7.21	4 7.209
36	Nolan Flynn	FR Utica	7.21	3 7.209
38	Austin Hurrell	FR Susquehanna	7.23	5
39	Jai Raccioppi	JR Stevenson	7.24	4 7.232
40	Jamel Mins	SO Hood	7.24	6 7.237
41	Neil Peters	SR Alfred	7.25	6
42	Curtis Cuvilly	SR St. John Fisher	7.26	5 7.254
43	Owen Linder	SO Lebanon Valley	7.26	6 7.258
44	Matt Shea	JR Moravian	7.28	1
45	Zaire Higgins	SO Cortland St.	7.29	5
46	Sam Ahern	SO Union (N.Y.)	7.40	1

Men 60 Meter Dash

=====				
Meet: M 6.74 3/5/2022 Jalen Leonard-Osbourne, Ithaca				
Name	Year	School	Finals	Points
=====				
Finals				
1	Myron Holland	JR Elizabethtown	6.88	10
2	Cameron Summers	SR Stevenson	6.96	8 6.952
3	Shamar Love	JR Rowan	6.96	6 6.957
4	Thomas Domozych	SR TCNJ	6.98	5 6.971
5	Evan Weber	JR Springfield	6.98	4 6.979
6	Raymond Schmitt	JR TCNJ	7.00	3
7	Masai Byrd	FR Rowan	7.01	2
8	Trevor Gray	SO Moravian	7.02	1
--	Jalen Leonard-Osbourne	JR Ithaca	FS	

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Men 200 Meter Dash

Meet: M 21.81 3/2/2019 George Alexandris, Montclair State						
Name	Year	School	Finals	H#	Points	
1 Lance Jensen	SO	SUNY Geneseo	21.60M	10	10	
2 Evan Corcoran	FR	Rowan	21.77M	9	8	
3 Jah'mere Beasley	JR	Rowan	21.79M	10	6	
4 Evan Weber	JR	Springfield	21.93	9	5	
5 Dave Etienne	SR	New Jersey City	22.00	9	4	
6 Andy Frank	SR	Ithaca	22.05	10	3	
7 Coltrane Goring	SR	Cortland St.	22.06	6	2	
8 Cameron Summers	SR	Stevenson	22.12	8	1	
9 Josh Jeffes	SO	SUNY Delhi	22.14	10		
10 Deron Davis	FR	SUNY Delhi	22.16	7		
11 Andrew Hadasz	JR	Utica	22.18	5		
12 Thomas Domozych	SR	TCNJ	22.24	7		22.234
13 Tyler McGrath	FR	Buffalo State	22.24	4		22.240
14 Evan Jensen	SO	Cortland St.	22.39	8		
15 Nana Agyemang	SO	Rowan	22.41	9		22.402
16 Alexander Halkias	SR	Carnegie Mellon	22.41	8		22.405
17 Carson Latham	SO	Stockton	22.41	1		22.409
18 P.J. London	SO	Rochester	22.45	3		
19 Trevor Gray	SO	Moravian	22.48	3		
20 Jamel Mins	SO	Hood	22.52	6		22.517
21 Masai Byrd	FR	Rowan	22.52	2		22.520
22 Harrison Gavalas	FR	Cortland St.	22.54	2		
23 Ian Dyson	SR	Susquehanna	22.59	1		
24 Brexton Montville	JR	Plattsburgh St.	22.62	4		
25 Ryan Beard	SR	Westminster (Pa.)	22.64	6		
26 Douglas Knapp	SR	Cortland St.	22.71	4		22.702
27 Elliott Davis	SO	Susquehanna	22.71	6		22.706
28 Justin Jantzi	JR	RIT	22.72	5		
29 Shamar Love	JR	Rowan	22.78	5		
30 Aaron Ottenwalder	FR	Brockport St.	23.03	5		
31 Michael Puglisi	FR	Nazareth	23.08	3		
32 Judson Delany	FR	SUNY Geneseo	23.09	1		
33 Kelly Brown	JR	Brockport St.	23.20	2		
34 Nick Abdo	SR	Fredonia	23.24	7		
35 Tyler Scott	JR	TCNJ	23.27	2		
36 Charles Foote	FR	SUNY Cobleskill	23.37	1		

Men 400 Meter Dash

Meet: M 48.26 3/5/2022 Kieran Sheridan, Geneseo						
Name	Year	School	Finals	H#	Points	
1 Cheickna Traore	SR	Ramapo	47.87M	10	10	
2 Samuel Knowles	SO	Widener	47.90M	9	8	
3 Josh Jeffes	SO	SUNY Delhi	48.22M	10	6	
4 Jacob Miller	FR	SUNY Geneseo	49.02	10	5	
5 Jason Rappazzo	SR	SUNY Geneseo	49.06	10	4	
6 Gabe Lundy	SR	Rochester	49.21	8	3	
7 Evan Jensen	SO	Cortland St.	49.35	9	2	
8 John Goldszer	JR	SUNY Geneseo	49.73	9	1	
9 Elliott Davis	SO	Susquehanna	49.76	6		

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10	Alexander Mitchell	FR Grove City	50.11	9	
11	Charles Foote	FR SUNY Cobleskill	50.16	6	
12	Lorenzo Castro	SO SUNY Delhi	50.18	2	
13	Nolan Flynn	FR Utica	50.20	3	
14	Austin Garske	SO Cortland St.	50.36	3	
15	Harrison Gavalas	FR Cortland St.	50.38	7	
16	Matthew Resnick	SO RIT	50.39	6	50.383
17	Samael Milevoix	SO Montclair State	50.39	5	50.390
18	Ayden Grinion	FR Brockport St.	50.45	7	
19	Shawn Rosa	JR Alfred State	50.72	2	
20	Ryan Senf	FR RIT	50.87	3	
21	Andrew Kent	FR SUNY Geneseo	50.90	8	
22	Mike Welch	SR Nazareth	50.91	4	
23	Anthony Kamenski	JR Westminster (Pa.)	50.92	4	
24	Aidan Harrington	JR Oswego State	50.99	6	
25	Trenton Goyette	SO RIT	51.05	7	
26	Charles Cypress	FR Plattsburgh St.	51.16	4	
27	Cole Ferris	FR St. John Fisher	51.36	4	
28	Max Stein	SO RIT	51.37	5	
29	Jai Raccioppi	JR Stevenson	51.61	3	
30	Ben Lewis	SO Nazareth	52.26	5	
31	Austin Cabanban	FR NYU	52.56	1	
32	Owen Ellington	SO Hood	52.78	1	
33	David Adadjo	SO Sage	52.96	1	
34	Douglas Knapp	SR Cortland St.	54.34	8	
--	Luke Lyons	SR Rochester	DNF	8	

Men 800 Meter Run

=====					
Meet: M 1:52.71 3/5/2022 Scott Sikorski, Rochester					
Name	Year	School	Finals	H#	Points
=====					
1	Jon Diaz	JR NYU	1:55.14	5	10
2	Stephen Hoare	JR SUNY Geneseo	1:55.17	5	8
3	Matt Chaikowsky	SO RIT	1:55.54	5	6
4	Matthew Sheehan	SO SUNY Geneseo	1:55.76	5	5
5	Luke Jarski	SO Oneonta	1:55.78	5	4
6	Alex Whatley	SR Ithaca	1:56.30	3	3
7	Nick Markle	SO Brockport St.	1:56.31	4	2
8	Thomas Blach	FR TCNJ	1:56.49	2	1
9	Josh Walters	JR Fredonia	1:56.61	4	
10	Brendan McCollum	FR Rochester	1:56.69	5	
11	Max Dubac	SR Ramapo	1:56.81	3	
12	Ryan Pena	FR Ramapo	1:56.86	4	
13	Griffin Weiner	SR Rochester	1:56.93	3	
14	Clayton Santiago	SR Cortland St.	1:56.96	3	
15	Carl Tyce	SR DeSales	1:57.14	4	
16	Tim Jacques	JR Vassar	1:57.26	1	
17	Joshua Goldberg	SO SUNY Geneseo	1:57.44	5	
18	Cameron Szabo	SR Cortland St.	1:57.56	4	
19	Alec Di Cesare	SO Lebanon Valley	1:57.94	3	
20	Tyler Greene	FR Rowan	1:58.10	2	
21	Aleksander Jopek	FR NYU	1:58.47	4	
22	Peter Moller	JR SUNY Geneseo	1:58.50	3	

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23	Benjamin Neff	SO Union (N.Y.)	1:58.64	2	
24	Jack Keelan	JR Bard	1:58.82	5	1:58.814
24	Daniel Ford	JR Rochester	1:58.82	4	1:58.814
26	Josh Bedford	FR RIT	1:58.92	1	
27	George Mecca	SR Alfred	1:59.43	2	
28	Frank Bubbico	SO SUNY Geneseo	1:59.49	4	
29	Ben Mickool	FR Ithaca	1:59.77	1	
30	Jake Kolodziej	JR Rowan	2:02.21	3	
31	Saim Syed	FR Ramapo	2:03.92	1	
32	Kevin Fischer	SR Brockport St.	2:04.49	1	
33	Leland Davies	SR Carnegie Mellon	2:04.69	2	
34	Alec Andrews	SR SUNY Geneseo	2:04.99	3	
35	Simon LaClair	JR Vassar	2:07.23	2	
--	Timothy Boyce	SO St. Lawrence	DQ	1	7-5.2.3

Men 1 Mile Run

Meet: M 4:10.24 2/25/2017 Benjamin Fazio, RPI					
Name	Year	School	Finals	H#	Points
1 Ezra Ruggles	JR	SUNY Geneseo	4:06.03M	3	10
2 Nick Andrews	JR	SUNY Geneseo	4:08.04M	3	8
3 Aleksei Seletskiy	SO	Carnegie Mellon	4:10.03M	3	6
4 Nicholas Lyndaker	FR	St. Lawrence	4:13.41	3	5
5 Jonathan Zavala	SO	Brockport St.	4:13.43	3	4
6 Tyler Balas	SR	TCNJ	4:16.91	2	3
7 Jacob Riley	SO	Rowan	4:17.22	3	2
8 Tim Buchan	SO	Vassar	4:17.38	2	1
9 Nick Logan	JR	SUNY Cobleskill	4:17.83	3	
10 Tucker McGrath	JR	Ursinus	4:19.64	1	
11 Charles Alekson	SO	Union (N.Y.)	4:19.71	3	
12 John Kettula	SO	York (Pa.)	4:20.46	1	
13 Noah Bonesteel	SO	Plattsburgh St.	4:20.52	1	
14 Ronnie Melao	JR	Stevens	4:20.61	2	
15 Patrick Klinger	SO	Fredonia	4:21.63	1	
16 Brandon Baxter	JR	Elizabethtown	4:21.78	2	
17 Evan Owens	FR	RIT	4:21.88	1	
18 Daniel Myers	SO	Elizabethtown	4:22.08	1	
19 Nick Bauman	SO	SUNY Geneseo	4:23.15	3	
20 Jake Aylmer	SO	Stevens	4:23.84	1	
21 Aidan Cutting	SR	SUNY Delhi	4:24.40	2	
22 Jake Farrell	SO	Moravian	4:29.60	1	
23 Justin Kumrow	SO	Plattsburgh St.	4:30.79	2	
24 Liam Johnston	FR	Ursinus	4:37.11	2	
-- Ben Woodward	SR	Rowan	DNF	3	

Men 3000 Meter Run

Meet: M 8:19.14 3/5/2022 Ryan Cory, Cortland					
Name	Year	School	Finals	H#	Points
1 Colin McLaughlin	SO	Carnegie Mellon	8:18.83M	2	10
2 Thomas Kressly	SO	Brockport St.	8:29.72	2	8
3 Aleksei Bingham	SR	RIT	8:30.39	2	6

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4	Erik Ackerman	SO Stockton	8:30.83	2	5	
5	Andrew Harrell	SR Hamilton	8:31.20	2	4	
6	Elijah Sech	SR Carnegie Mellon	8:32.46	2	3	
7	Michael Skutt	SO St. Lawrence	8:34.35	2	2	
8	Noah Griffin	SR Lebanon Valley	8:37.39	2	1	
9	Justin Kelly	SR Rowan	8:38.25	2		
10	Shane Artis	JR DeSales	8:38.37	1		
11	Trey Rhinehart	SO Misericordia	8:39.26	2		
12	Nick Gaitanis	JR Rochester	8:39.59	1		
13	Alec Glazier	SR Rochester	8:41.29	2		
14	Joseph Simeone	FR Hamilton	8:42.65	1		
15	Nathaniel Brunacini	SR Rochester	8:42.97	1		
16	Jeffrey Chen	FR NYU	8:43.54	1		
17	Dillon VanDemortel	SR Brockport St.	8:44.19	1		
18	Gabriel Winters-Bona	JR Brockport St.	8:44.46	1		8:44.451
19	Nathan Bowers	SR Nazareth	8:44.46	1		8:44.458
20	John Amenta	JR SUNY Delhi	8:44.70	2		
21	Cade Eells	SO Nazareth	8:47.01	2		
22	Isaac Valderrabano	JR York (Pa.)	8:47.38	1		
23	Michael Bond	SR TCNJ	8:47.92	1		
24	Samuel Rothstein	FR Lebanon Valley	8:48.81	1		
25	Adam Abushanab	SO Rutgers-Newark	8:51.30	1		
26	Christian Gingrich	JR Elizabethtown	8:53.24	1		
27	Jonthomas Bierman	SO Oneonta	8:53.72	2		
28	Bram Mansbach	JR Hamilton	8:54.11	1		
29	Nicholas Lyndaker	FR St. Lawrence	8:54.50	2		
30	Nathan Couse	SR Oswego State	8:58.45	1		
31	Brandon Jarrett	JR Rowan	8:59.27	1		
32	Zach Spergel	JR Rochester	9:11.46	2		

Men 5000 Meter Run

=====						
Meet: M 14:32.15 2/24/2017 Grant O'Connor, RPI						
Name	Year	School	Finals	H#	Points	
=====						
1	Andrew Harrell	SR Hamilton	14:45.82	2	10	
2	Davis Anderson	FR Vassar	14:55.32	2	8	
3	Jared Smith	SO Brockport St.	14:57.35	2	6	
4	Alex Hillyard	SO SUNY Geneseo	15:00.01	2	5	
5	Stephen Rowley	SO Misericordia	15:02.01	2	4	
6	Paul Suflita	SR Brockport St.	15:04.35	2	3	
7	Eion McClain	SO Oneonta	15:07.94	2	2	
8	John Amenta	JR SUNY Delhi	15:12.03	1	1	
9	Vishal Yalamanchili	SO Rochester	15:12.67	2		
10	Ben Woodward	SR Rowan	15:14.13	1		
11	Nathan Hajel	SO Moravian	15:15.44	1		
12	Matthew Conway	SO Rowan	15:18.84	1		
13	Isaac Valderrabano	JR York (Pa.)	15:20.67	2		
14	Christian Gingrich	JR Elizabethtown	15:22.11	1		
15	Hayden Schindler	JR Stevenson	15:24.11	1		
16	Bryce Ryder	FR Marywood	15:25.11	1		
17	Kai Chang	FR Vassar	15:25.14	1		
18	Shane Vostenak	FR Rowan	15:26.23	2		
19	Jordan Berger	JR Lebanon Valley	15:26.80	1		

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....Men 5000 Meter Run

20	Liam Concannon	SO Stevens	15:27.77	2
21	Ryan Shulman	FR Misericordia	15:28.05	1
22	Justin Thang	SO SUNY Geneseo	15:28.79	2
23	Edward Trenk	SO Hamilton	15:38.22	1
24	Michael Roberts	JR Utica	15:42.00	1
25	Ethan Billings	JR St. John Fisher	15:44.10	2
26	Matthew Richardson	SR TCNJ	15:56.79	1
27	Chase Miller	JR TCNJ	16:43.12	1
--	Michael Skutt	SO St. Lawrence	DNF	2

Men 60 Meter Hurdles**9 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====				
Meet: M 8.01 3/2/2018 Bobby Cooks, Rowan				
Name	Year	School	Prelims	H#
=====				

Preliminaries

1	Brett Morse	SR Cortland St.	8.22Q	2	8.212
2	Kaleb Luton	SR Nazareth	8.22Q	1	8.219
3	Marquise Young	SO Rowan	8.25Q	5	
4	Kwaku Nkrumah	FR Rowan	8.33Q	3	
5	Aaron Jones	SR Cortland St.	8.39Q	4	
6	Erik Geier	JR St. Lawrence	8.36q	3	
7	Thomas Rich	JR Carnegie Mellon	8.41q	1	
8	Peter Brodnik	SR Rochester	8.45q	3	
9	Carter Smink	FR Susquehanna	8.46q	4	
10	Zachary Reed	JR Lebanon Valley	8.47	2	
11	Kimani Carrington	SO Montclair State	8.51	1	
12	Anaias Hughes	FR Rowan	8.53	2	
13	Daniel Maloney	SR Ursinus	8.54	5	
14	Daniel Murtha	SO Lebanon Valley	8.55	4	8.542
15	Keith Chatmon	JR York (Pa.)	8.55	2	8.544
16	Mathew Masser	JR Susquehanna	8.58	3	
17	Jason Engler	SR TCNJ	8.59	3	
18	Derek Herr	JR York (Pa.)	8.60	2	
19	Jackson Gloskey	FR RIT	8.62	2	
20	Ezra Miller	SO Susquehanna	8.63	3	
21	Wayne Hamilton	FR Delaware Valley	8.65	5	
22	Rodney Jerome	SR Farmingdale St.	8.69	1	
23	Anthony Kamenski	JR Westminster (Pa.)	8.70	4	
24	Gavin Lum	FR Stockton	8.72	5	
25	Anand Bhambhwani	JR PSU-Behrend	8.73	4	8.724
26	Joseph Stocken	SR Farmingdale St.	8.73	3	8.725
27	Matthew Doerner	SR RIT	8.73	5	8.727
28	Blake Burns	JR PSU-Behrend	8.75	5	
29	Joey Ciufo	JR SUNY Delhi	8.76	1	
30	Connor McCauslin	SR Nazareth	8.79	1	
31	Kadan Smith	SO Lebanon Valley	8.82	5	
32	Alexander Mavros	SO Oneonta	8.83	3	
33	Morgan Condon	JR SUNY Delhi	8.88	4	8.874
34	Jason Bois	FR Union (N.Y.)	8.88	1	8.876
35	David Cataloni	SR Springfield	8.93	1	
36	Trenton Wynn	SR St. John Fisher	9.06	4	
--	Jason Agyemang	FR Rowan	DQ	4	NCAA 7-6.2b

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Men 60 Meter Hurdles

=====				
Meet: M	8.01	3/2/2018	Bobby Cooks, Rowan	
Name	Year	School	Finals	Points
=====				
Finals				
1 Brett Morse		SR Cortland St.	8.11	10
2 Marquise Young		SO Rowan	8.19	8
3 Kaleb Luton		SR Nazareth	8.23	6 8.222
4 Aaron Jones		SR Cortland St.	8.23	5 8.229
5 Carter Smink		FR Susquehanna	8.48	4
6 Peter Brodnik		SR Rochester	8.49	3
7 Erik Geier		JR St. Lawrence	8.58	2
8 Thomas Rich		JR Carnegie Mellon	8.70	1
-- Kwaku Nkrumah		FR Rowan	DNF	

Men 4x200 Meter Relay

=====				
Meet: M	1:27.45	3/5/2022	Rowan, Rowan	
			R McKinney, N Agyemang, A Conte, J Beasley	
School			Finals	H# Points
=====				
1 Rowan			1:25.86M	7 10
1) Evan Corcoran FR		2) Amara Conte SO		
3) Nana Agyemang SO		4) Jah'mere Beasley JR		
2 SUNY Geneseo			1:28.59	2 8
1) Lance Jensen SO		2) Judson Delany FR		
3) Jason Rappazzo SR		4) Andrew Kent FR		
3 Cortland St.			1:28.62	7 6
1) Brett Morse SR		2) Aaron Jones SR		
3) Matthew Schaffert FR		4) Coltrane Goring SR		
4 SUNY Delhi			1:28.83	7 5
1) Josh Jeffes SO		2) Lorenzo Castro SO		
3) Cristhian Cuevas FR		4) Deron Davis FR		
5 RIT			1:31.02	6 4
1) Matthew Resnick SO		2) Max Stein SO		
3) Ryan Senf FR		4) Justin Jantzi JR		
6 Stockton			1:31.06	6 3
1) Ryan Fisher JR		2) Greg Lordi SO		
3) Carson Latham SO		4) Anthony Gentile FR		
7 Susquehanna			1:31.19	6 2
1) Elliott Davis SO		2) Ian Dyson SR		
3) Austin Hurrell FR		4) Isaiah Blatt SR		
8 Lebanon Valley			1:31.32	5 1
1) Owen Linder SO		2) Daniel Murtha SO		
3) Kadan Smith SO		4) Zachary Reed JR		
9 Rochester			1:31.46	7
1) P.J. London SO		2) Gabe Lundy SR		
3) Manny Eribo SO		4) Peter Brodnik SR		
10 Hood			1:31.55	5
1) Jamel Mins SO		2) Evan Ellington SR		
3) Korell Asamoah FR		4) Tofunmi Okuseinde FR		
11 Elizabethtown			1:32.25	5
1) Myron Holland JR		2) Jalen Belgrave SR		
3) Simon Burleson JR		4) Evan Schwab SR		
12 Alfred State			1:32.54	4 1:32.539

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....Men 4x200 Meter Relay

1) Shawn Rosa JR	2) Derek Walter JR			
3) Esaias Brumfield JR	4) Nicholas Florczak FR			
13 St. John Fisher	1:32.54	2		1:32.540
1) Brady Bishop SO	2) Trenton Wynn SR			
3) Curtis Cuvilly SR	4) Cole Ferris FR			
14 Utica	1:33.08	5		
1) Andrew Hadasz JR	2) Nolan Flynn FR			
3) Ethan Kain SR	4) Shane Tinney SR			
15 Farmingdale St.	1:33.10	1		
1) Timothy Folarin JR	2) Joseph Stocken SR			
3) Samuel Aladegbongbe FR	4) Morris Johnson SR			
16 Montclair State	1:33.12	3		
1) Brandon Balcacer SO	2) Ethan Arce SR			
3) Anthony Holmes FR	4) Samael Milevoix SO			
17 Alfred	1:33.29	4		
1) John Wendt JR	2) Steven Jackson JR			
3) Jaleel Joseph FR	4) Neil Peters SR			
18 Nazareth	1:33.44	3		
1) Michael Puglisi FR	2) Mike Welch SR			
3) Joseph Nettles SO	4) Ben Lewis SO			
19 Grove City	1:33.76	4		
1) Gregory Wilson FR	2) Gabe Dunlap JR			
3) Tyler Eagan SO	4) Alexander Mitchell FR			
20 Hamilton	1:34.33	1		
1) Ricaldo Lewis FR	2) Michael Ngaw SO			
3) Peter Cuomo JR	4) Hugh Williams FR			
21 Ithaca	1:34.56	3		
1) Anthony D'Adetta JR	2) Sean (CJ) Jones FR			
3) Theo Marston SR	4) Alex Whatley SR			
22 New Jersey City	1:34.88	4		
1) Juan Cruz FR	2) Emmanuel Abarah JR			
3) Gerard Victor FR	4) Tyneil Jackson SR			
23 Rutgers-Newark	1:35.14	2		
1) Cedric Augustin SR	2) Diego Gomes SO			
3) Joshua Akinsolu FR	4) Mykeal Okwudibonye SO			
24 Lehman	1:37.87	1		
1) Obinna Njoku II SO	2) Tony Haripersaud FR			
3) Ismael Barry SO	4) Dontay Washington FR			
-- PSU-Behrend	DQ	2		7-5.2.3 & 7-7.5,7-8
1) Derek Hillhouse FR	2) Blake Burns JR			
3) Anand Bhambhwani JR	4) Jason SeEVERS FR			

Men 4x400 Meter Relay

=====				
Meet: M 3:17.02	3/6/2020	Rowan		
	J Beasley, J Bishop, J Kolodziej, F Terry			
School	Finals	H#	Points	
=====				
1 Cortland St.	3:17.00M	2	10	
1) Evan Jensen SO	2) Douglas Knapp SR			
3) Harrison Gavalas FR	4) Coltrane Goring SR			
2 Rowan	3:17.44	2	8	
1) Evan Corcoran FR	2) Amara Conte SO			
3) Masai Byrd FR	4) Shamar Love JR			

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....Men 4x400 Meter Relay

3 Ursinus	3:18.34	2	6
1) Daniel Tabor SR	2) Devon Greaves JR		
3) Collin Ney JR	4) Payton Stanziani SR		
4 Fredonia	3:20.21	2	5
1) Nick Marsowicz FR	2) Toby Onuoha SR		
3) Josh Walters JR	4) Nick Abdo SR		
5 RIT	3:21.72	1	4
1) Matthew Resnick SO	2) Justin Jantzi JR		
3) Max Stein SO	4) Trenton Goyette SO		
6 Nazareth	3:21.77	1	3
1) Mike Welch SR	2) Michael Puglisi FR		
3) Gavin McAllister FR	4) Ben Lewis SO		
7 Ramapo	3:26.70	1	2
1) Terrell Lockett SO	2) Kenyon Fenderson SR		
3) Saim Syed FR	4) Ryan Pena FR		
8 Union (N.Y.)	3:28.17	1	1
1) Ryan Hilliard SO	2) Ben Trantanella SO		
3) Aiden Rowley JR	4) Aidan Savitt FR		

Men Distance Medley

=====			
Meet: M 9:56.94 3/2/2018 Geneseo			
Holtzman, Hannahoe, Faulkner, Garcia-Cassani			
School	Finals	H#	Points
=====			
1 Brockport St.	10:10.60	2	10
1) Thomas Kressly SO	2) Kevin Fischer SR		
3) Nick Markle SO	4) Jonathan Zavala SO		
2 Union (N.Y.)	10:19.44	2	8
1) Benjamin Neff SO	2) Ryan Hilliard SO		
3) Aiden Rowley JR	4) Charles Alekson SO		
3 TCNJ	10:21.16	2	6
1) Kevin Matthews FR	2) Tyrese Gilbert SO		
3) Thomas Blach FR	4) Matthew Granizo SO		
4 Lebanon Valley	10:22.10	2	5
1) Andrew Loy JR	2) Elijah McKell FR		
3) Matthew Bruchak SO	4) Vince Ferrizzi JR		
5 Muhlenberg	10:24.67	1	4
1) Markus Vottero SO	2) Trevor Hitchcock JR		
3) Hayden Klein SO	4) Adam Stefan SR		
6 Oneonta	10:25.13	2	3
1) Jonthomas Bierman SO	2) Alec Weiss SO		
3) Luke Jarski SO	4) Owen Sullivan FR		
7 Stevens	10:25.26	2	2
1) Jake Aylmer SO	2) Danny LaMastra SR		
3) Kajetan Leitner JR	4) Ronnie Melao JR		
8 Hamilton	10:26.80	2	1
1) Andrew Richardson FR	2) Brogan Deem-Ranzetta JR		
3) Hugh Williams FR	4) Joseph Simeone FR		
9 RIT	10:27.27	1	
1) Joseph Coughlin SO	2) Andrew Koubek FR		
3) Josh Bedford FR	4) Evan Owens FR		
10 Nazareth	10:28.48	2	
1) Ethan Glashauser JR	2) Joseph Nettles SO		

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....Men Distance Medley

3) Gavin McAllister FR	4) Cade Eells SO		
11 Rowan	10:33.06	2	
1) Sean Eisenhower SO	2) Charlie Serrano JR		
3) Tyler Greene FR	4) Cole Kolodziej FR		
12 PSU-Behrend	10:34.22	1	
1) Nick Temel JR	2) Aidan Reinsel FR		
3) Jason Seevers FR	4) Aidan Domencic JR		
13 Misericordia	10:37.63	2	
1) Thomas Bricker FR	2) Austin Karwacki FR		
3) Tavian McKenna FR	4) Trey Rhinehart SO		
14 St. John Fisher	10:42.25	1	
1) Tony DiRubbo JR	2) Brady Bishop SO		
3) Peter Briggs SO	4) Myles Andersen SR		
15 New Jersey City	11:02.84	1	
1) Josue Palau FR	2) Pratt Charles FR		
3) Adnan Kpodo JR	4) Jaime Tlatelpa JR		

Men High Jump

Meet: M 2.20m 3/5/2022 Kyle Rollins, St. John Fisher												
Name	Year School		Finals					Points				
1 Samuel Hetrick	SO PSU-Behrend		2.15m					7-00.50 10				
1.85 1.90 1.95 2.00 2.03	2.06 2.08 2.09 2.12 2.15 2.18											
PPP O O O O	PPP XXO PPP XO XXO XXX											
2 Tyler Hulse	SR RIT		2.00m					6-06.75 8				
1.85 1.90 1.95 2.00 2.03												
PPP O O XO XXX												
3 Bryce Ellinger	JR Susquehanna		2.00m					6-06.75 5.50				
1.85 1.90 1.95 2.00 2.03												
PPP PPP XXO XXO XXX												
3 Jarett White	FR Rowan		2.00m					6-06.75 5.50				
1.85 1.90 1.95 2.00 2.03												
PPP O XXO XXO XXX												
5 Matthew Oluwole	FR NYU		1.95m					6-04.75 4				
1.85 1.90 1.95 2.00												
O XO O XXX												
6 Bryant DePaull	FR St. John Fisher		1.95m					6-04.75 2.50				
1.85 1.90 1.95 2.00												
O O XO XXX												
6 Zuriel Wright	SR Utica		1.95m					6-04.75 2.50				
1.85 1.90 1.95 2.00												
PPP O XO XXX												
8 Sean Cochrane	JR St. John Fisher		1.95m					6-04.75 1				
1.85 1.90 1.95 2.00												
O XO XO XXX												
9 Jordan Hartley	FR Rutgers-Newark		1.90m					6-02.75				
1.85 1.90 1.95												
PPP O XXX												
9 Trey Rolle	SO Moravian		1.90m					6-02.75				
1.85 1.90 1.95												
O O XXX												

Meet: M 5.02m 3/4/2022 Dominic Mikula, Ithaca															
Name					Year	School				Finals				Points	
1	Dominic Mikula					JR	Ithaca			5.13mM				16-10.00	10
	4.28	4.43	4.58	4.73	4.83	4.88	4.93	4.98	5.03	5.08	5.13	5.18			
	PPP	PPP	O	O	O	O	XO	O	PPP	PPP	O	XXX			
2	Dustin Meyer					FR	Brockport St.			4.93m				16-02.00	8
	4.28	4.43	4.58	4.73	4.83	4.88	4.93	4.98	5.03	5.08	5.13				
	PPP	PPP	PPP	O	PPP	PPP	O	PPP	PPP	PPP	XXX				
3	Brendan Sheehan					SO	Ithaca			4.88m				16-00.00	6
	4.28	4.43	4.58	4.73	4.83	4.88	4.93								
	PPP	O	O	XXO	XO	XO	XXX								

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....Men Pole Vault

4	Zachary Nyhart	SR Cortland St.	4.83m	15-10.00	5
	4.28 4.43 4.58 4.73 4.83 4.88 4.93				
	PPP PPP O XXO XXO PPP XXX				
5	Shaun Herlihy	SO Ithaca	4.73m	15-06.25	4
	4.28 4.43 4.58 4.73 4.83				
	O O O O XXX				
6	Isaiah Blatt	SR Susquehanna	4.73m	15-06.25	3
	4.28 4.43 4.58 4.73 4.83				
	PPP O XXO XO XXX				
7	Callum Howald	SR Ithaca	4.58m	15-00.25	2
	4.28 4.43 4.58 4.73				
	O O O XXX				
8	Joseph Morales	JR Stockton	4.58m	15-00.25	1
	4.28 4.43 4.58 4.73				
	PPP XXO O XXX				
9	Chris Kaszynski	SO Buffalo State	4.43m	14-06.25	
	4.28 4.43 4.58 4.73				
	PPP O PPP XXX				
10	Max Owens	FR Rowan	4.43m	14-06.25	
	4.28 4.43 4.58				
	XO XO XXX				
11	Tyler Raimondi	FR Rowan	4.28m	14-00.50	
	4.28 4.43				
	O XXX				
11	Enis Rama	SR Stevens	4.28m	14-00.50	
	4.28 4.43				
	O XXX				
11	Jayvee Dumas	FR TCNJ	4.28m	14-00.50	
	4.28 4.43				
	O XXX				
11	Noah Koeng	SO RIT	4.28m	14-00.50	
	4.28 4.43				
	O XXX				
11	Ayden Stankus	SO Lebanon Valley	4.28m	14-00.50	
	4.28 4.43				
	O XXX				
11	Christian Duckworth	FR Carnegie Mellon	4.28m	14-00.50	
	4.28 4.43				
	O XXX				
17	Gavin Lum	FR Stockton	4.28m	14-00.50	
	4.28 4.43				
	XO XXX				
18	Aaron Cosgrove	JR York (Pa.)	4.28m	14-00.50	
	4.28 4.43				
	XXO XXX				
--	Alex McKenney	FR Springfield	NH		
	4.28				
	XXX				
--	Luke McBrearty	JR Stockton	NH		
	4.28				
	XXX				
--	Ryan Festa	SO PSU-Behrend	NH		
	4.28				
	XXX				

Meet: M 7.48m 3/2/2019 George Alexandris, Montclair State									
Name		Year		School		Finals		H#	Points
1	Nana Agyemang			SO	Rowan		7.20m	23-07.50	2 10
	7.12m 7.20m 7.11m 6.98m 7.12m 7.12m								
2	Bryan Jacobs			SO	SUNY Geneseo		7.10m	23-03.50	2 8
	6.95m 6.98m 7.10m 6.58m FOUL 7.01m								
3	Thomas Rich			JR	Carnegie Mellon		6.91m	22-08.00	1 6
	6.67m FOUL 6.77m 6.78m FOUL 6.91m								
4	Connor Wright			FR	Stockton		6.85m	22-05.75	2 5
	6.58m 6.62m 6.58m 6.53m FOUL 6.85m								
5	Josh Jeziorski			SR	Brockport St.		6.82m	22-04.50	2 4
	FOUL 6.82m FOUL FOUL 6.62m FOUL								
6	Daniel Hutchinson			JR	Ithaca		6.81m	22-04.25	2 3
	6.67m 4.28m 6.09m 6.81m 6.76m 6.31m								
7	Jarrold Polk			FR	Buffalo State		6.78m	22-03.00	2 2
	5.85m 6.67m 6.63m 6.47m 6.58m 6.78m								
8	Zach Rudewicz-Nepokroeff			JR	Alfred State		6.76m	22-02.25	1 1
	6.63m 6.28m 6.59m 6.50m 6.76m 6.68m								
9	Nas Muslim Dost			SO	Buffalo State		6.58m	21-07.25	1
	6.58m 6.51m 6.47m FOUL FOUL 3.94m								
10	Alhagie-Sorie Sesay			SR	Cortland St.		6.55m	21-06.00	2
	6.37m 6.51m 6.55m								
11	Matthieu Brunelle			SO	Misericordia		6.55m	21-06.00	2
	FOUL 6.55m FOUL								
12	Dion Putaski			SO	Utica		6.53m	21-05.25	1
	6.04m 6.53m 5.36m								
13	Austin Hurrell			FR	Susquehanna		6.50m	21-04.00	1
	6.11m FOUL 6.50m								
14	Colby Wilson			SR	Springfield		6.49m	21-03.50	2
	FOUL 6.49m 6.33m								
15	Frederick Liu			SR	Rochester		6.42m	21-00.75	2
	6.35m 6.21m 6.42m								
16	Eli Coleman			SO	Union (N.Y.)		6.38m	20-11.25	1
	5.82m 6.38m 6.33m								
17	Kyle Lane			JR	Rochester		6.38m	20-11.25	1
	6.03m 6.38m FOUL								
18	Howard Nix			FR	Brockport St.		6.32m	20-09.00	2
	6.32m 6.30m 5.62m								
19	John Panny			SR	Muhlenberg		6.27m	20-07.00	1
	FOUL FOUL 6.27m								
20	Manny Eribo			SO	Rochester		6.16m	20-02.50	1
	6.08m 6.10m 6.16m								
21	Gabe Dunlap			JR	Grove City		5.84m	19-02.00	1
	FOUL FOUL 5.84m								

Meet: M 17.33m 1983 Dan Mlodozeniec, Fredonia									
Name	Year			School			Finals	H#	Points
1 Alden Littlefield	SR			Widener			16.36m	53-08.25	3 10
15.10m 15.27m 16.07m	15.77m 16.36m			FOUL					
2 Justin Showstead	SR			Ithaca			15.99m	52-05.50	3 8
15.99m 14.43m 15.21m	FOUL 14.95m			FOUL					
3 Matthew Funicelli	SR			RIT			15.93m	52-03.25	3 6
15.60m 15.93m 14.35m	15.42m 15.47m 15.70m								
4 John Griffith	JR			Montclair State			15.70m	51-06.25	3 5
15.29m FOUL FOUL	14.97m 15.15m 15.70m								

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....Men Shot Put

5	Nathan Williams	JR Stevenson	15.68m	51-05.50	3	4
	15.68m 15.17m FOUL FOUL 14.68m 15.19m					
6	Nick Gustafson	JR Grove City	15.37m	50-05.25	3	3
	15.27m FOUL FOUL 15.37m 15.35m FOUL					
7	Isaiah Battle	SR Ursinus	15.37m	50-05.25	3	2
	13.92m 15.05m FOUL 15.37m 15.30m 14.94m					
8	Ryan Lenhart	SO Grove City	15.17m	49-09.25	2	1
	14.92m 15.17m 14.63m 12.89m 14.05m FOUL					
9	Hunter Logan	JR Utica	14.87m	48-09.50	3	
	FOUL 14.49m 14.87m FOUL FOUL FOUL					
10	Cole Goodwin	FR Susquehanna	14.75m	48-04.75	2	
	FOUL FOUL 14.75m					
11	Tom Wood	SO Ursinus	14.56m	47-09.25	1	
	12.36m 13.38m 14.56m					
12	John Coddington	SO Sage	14.55m	47-09.00	3	
	14.55m 14.22m FOUL					
13	William Fisher	SO Lebanon Valley	14.54m	47-08.50	2	
	13.75m 14.54m 14.30m					
14	Harrison Sharp	JR York (Pa.)	14.36m	47-01.50	1	
	14.34m 14.36m 13.47m					
15	Alex Rood	SO Brockport St.	14.07m	46-02.00	3	
	13.72m FOUL 14.07m					
16	Isaiah Brunache	FR Cortland St.	13.88m	45-06.50	3	
	12.78m 13.76m 13.88m					
17	Luke Schrank Garcia	JR TCNJ	13.76m	45-01.75	1	
	FOUL 13.52m 13.76m					
18	Na'im Kinsey	SR Montclair State	13.73m	45-00.50	2	
	13.73m 12.84m 13.66m					
19	Bailey O'Malley	SR Carnegie Mellon	13.73m	45-00.50	3	
	FOUL 13.52m 13.73m					
20	Tanner Christie	FR Ramapo	13.72m	45-00.25	2	
	13.35m 13.72m 13.31m					
21	Mike Carfagno	SO Stockton	13.72m	45-00.25	2	
	FOUL FOUL 13.72m					
22	James O'Neill	SR Rochester	13.69m	44-11.00	2	
	FOUL 13.69m FOUL					
23	Zachary Mackiewicz	JR TCNJ	13.47m	44-02.50	2	
	13.47m FOUL 13.22m					
24	Dylan DeMagistris	JR Muhlenberg	13.47m	44-02.50	1	
	13.01m 13.47m FOUL					
25	Justin Swavely	SO Utica	13.42m	44-00.50	1	
	13.42m 13.02m 12.45m					
26	Jamie Cocca	SR Springfield	13.37m	43-10.50	2	
	12.54m 13.37m 12.61m					
27	Josh Caudill	FR Rowan	13.26m	43-06.00	1	
	12.81m FOUL 13.26m					
28	Jason Crocker	FR Alfred	13.19m	43-03.25	1	
	12.43m 13.19m 13.00m					
29	Vincent Zheng	SO Oneonta	13.19m	43-03.25	1	
	12.32m 13.19m 12.68m					
30	Trey Reynolds	SO Lebanon Valley	13.09m	42-11.50	1	
	12.75m 13.09m FOUL					
31	Zachary Jaworski	SO St. Lawrence	13.08m	42-11.00	2	
	13.06m 12.71m 13.08m					

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....Men Shot Put

32	Elek Ferency	SR Muhlenberg	13.08m	42-11.00	1
	13.08m 13.00m FOUL				
33	Alex Cotton	FR PSU-Behrend	13.01m	42-08.25	1
	13.01m FOUL 12.03m				
34	Brandon Perot	SO Delaware Valley	12.93m	42-05.25	1
	12.93m 12.63m 12.52m				
35	Matt Muscolo	SO Brockport St.	12.79m	41-11.50	1
	12.79m FOUL 12.34m				
36	Michael Powel	FR Muhlenberg	12.78m	41-11.25	2
	FOUL 12.78m 12.23m				
37	Zach Hartung	FR Ramapo	12.76m	41-10.50	1
	FOUL 12.76m 12.61m				
38	Jason Marincic	JR Brockport St.	12.20m	40-00.50	2
	FOUL FOUL 12.20m				
39	Tim King	SR Moravian	10.83m	35-06.50	2
	FOUL 10.83m FOUL				
--	George Agyei-Sam	SO TCNJ	FOUL		2
	FOUL FOUL FOUL				
--	Andrew Mott	JR York (Pa.)	FOUL		3
	FOUL FOUL FOUL				
--	Billie Mays III	SO Utica	FOUL		3
	FOUL FOUL FOUL				

Men Weight Throw

Meet: M 19.07m 2/26/2016 Luis Rivera, Nazareth									
Name	Year School		Finals		H#	Points			
1 Alex Kristeller	SO	Widener	19.45mM	63-09.75	2	10			
	17.50m	FOUL 19.45m	FOUL 18.61m	19.44m					
2 Nathan Williams	JR	Stevenson	18.37m	60-03.25	2	8			
	FOUL 17.53m	18.37m 17.10m	FOUL 15.58m						
3 Isaiah Battle	SR	Ursinus	17.61m	57-09.50	2	6			
	16.19m 16.79m	17.10m FOUL 17.61m	17.29m						
4 Zachary Mackiewicz	JR	TCNJ	17.46m	57-03.50	2	5			
	17.36m 17.46m	17.18m FOUL 16.49m	FOUL						
5 Antwan Kelly	JR	Utica	17.46m	57-03.50	2	4			
	17.17m 17.46m	FOUL 16.82m	FOUL 16.63m						
6 Justin Adams	SO	Widener	16.98m	55-08.50	2	3			
	16.89m 16.24m	15.85m 16.53m	16.98m	FOUL					
7 John Coddington	SO	Sage	16.95m	55-07.50	2	2			
	16.66m 16.89m	FOUL 16.95m	16.46m	16.82m					
8 Miles Moliterni	JR	Oneonta	16.89m	55-05.00	1	1			
	15.54m 15.88m	16.89m 16.26m	FOUL 15.47m						
9 Jordan Johnson	SO	Rochester	16.88m	55-04.75	2				
	16.47m 16.39m	16.48m 16.77m	16.88m	15.72m					
10 Matthew Funicelli	SR	RIT	16.46m	54-00.00	2				
	14.24m 15.71m	16.46m							
11 Tim King	SR	Moravian	16.18m	53-01.00	2				
	14.94m 15.69m	16.18m							
12 Dylan DeMagistris	JR	Muhlenberg	16.02m	52-06.75	1				
	16.02m 14.86m	15.47m							
13 Nolan Ragland	JR	Rochester	16.01m	52-06.50	1				
	15.60m 15.91m	16.01m							

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....Men Weight Throw

14	Dylan Perlino	SR Alfred State	15.97m	52-04.75	2
	FOUL 15.97m 15.55m				
15	Tim Holzapfel	SR Ursinus	15.93m	52-03.25	2
	15.75m 15.93m 15.86m				
16	Trey Reynolds	SO Lebanon Valley	15.92m	52-02.75	1
	15.92m 15.55m FOUL				
17	Mitchell Makowski	SR Cortland St.	15.90m	52-02.00	1
	15.90m 15.46m 15.31m				
18	Jamie Cocca	SR Springfield	15.76m	51-08.50	1
	15.15m FOUL 15.76m				
19	Elek Ferency	SR Muhlenberg	15.41m	50-06.75	1
	15.41m 15.27m FOUL				
20	Bailey O'Malley	SR Carnegie Mellon	15.26m	50-00.75	1
	15.26m FOUL FOUL				
21	James O'Neill	SR Rochester	15.11m	49-07.00	1
	FOUL 14.06m 15.11m				
22	Justin Swavely	SO Utica	14.97m	49-01.50	1
	14.97m FOUL 14.49m				
23	Warlys Lizardo	SR TCNJ	13.38m	43-10.75	1
	13.33m FOUL 13.38m				
--	Zachary Jaworski	SO St. Lawrence	FOUL		2
	FOUL FOUL FOUL				

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year	School	Finals	H#	Points
1 Ryan Serp	SR	Cortland St.	7.31	2	775
2 Jeremiah Battle	JR	Stevenson	7.32	2	772
3 Jacob Patton	SR	Westminster (Pa.)	7.36	2	759
4 Ben Bulger	SO	Susquehanna	7.40	2	745 7.394
5 Jack Pomykaj	FR	Nazareth	7.40	2	745 7.398
6 Gabe Thyne	SO	Rochester	7.49	1	716
7 Malachi Yeager	SR	Houghton	7.51	1	710
8 Brandon Kiefer	FR	Stevens	7.55	2	697
9 Ian Szemcsak	FR	Brockport St.	7.65	1	665
10 Aaron Lund	FR	Nazareth	7.70	1	650
11 Aidan Kelly	SO	Oneonta	7.75	1	634
12 Cole Siewert	JR	Rochester	7.77	1	628

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Gabe Thyne	SO	Rochester	2:49.33	773
2 Jacob Patton	SR	Westminster (Pa.)	2:51.20	753
3 Cole Siewert	JR	Rochester	2:56.05	703
4 Ryan Serp	SR	Cortland St.	2:56.21	702
5 Ben Bulger	SO	Susquehanna	2:56.99	694
6 Aaron Lund	FR	Nazareth	2:57.00	694
7 Aidan Kelly	SO	Oneonta	2:58.35	681
8 Ian Szemcsak	FR	Brockport St.	3:07.46	593
9 Jack Pomykaj	FR	Nazareth	3:08.57	583
10 Jeremiah Battle	JR	Stevenson	3:13.13	541

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....Heptathlon: #7 Men 1000 Meter Run Heptathlon

11 Malachi Yeager SR Houghton 3:25.20 439

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year	School	Finals	H#	Points
1 Jacob Patton	SR	Westminster (Pa.)	8.49	3	862
2 Ryan Serp	SR	Cortland St.	8.64	3	827
3 Ben Bulger	SO	Susquehanna	8.79	3	793
4 Cole Siewert	JR	Rochester	9.16	2	711
5 Jeremiah Battle	JR	Stevenson	9.32	1	677
6 Gabe Thyne	SO	Rochester	9.35	2	671 9.341
7 Ian Szemcsak	FR	Brockport St.	9.35	2	671 9.350
8 Jack Pomykaj	FR	Nazareth	9.42	1	656
9 Aidan Kelly	SO	Oneonta	9.53	1	633
10 Aaron Lund	FR	Nazareth	10.03	3	535
11 Malachi Yeager	SR	Houghton	10.19	2	506

Heptathlon: #4 Men High Jump Heptathlon

Name	Year	School	Finals	Points
1 Aidan Kelly	SO	Oneonta	1.84m 6-00.50	661
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87				
PPP PPP PPP PPP PPP PPP PPP PPP PPP XO PPP O O XXX				
2 Cole Siewert	JR	Rochester	1.81m 5-11.25	636
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84				
PPP PPP PPP PPP PPP PPP PPP O O PPP O XXO XXX				
3 Ben Bulger	SO	Susquehanna	1.78m 5-10.00	610
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81				
PPP PPP PPP PPP O O O XO XO XO XXX				
3 Gabe Thyne	SO	Rochester	1.78m 5-10.00	610
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81				
PPP PPP PPP PPP PPP PPP O XO O XO XXO XXX				
5 Ryan Serp	SR	Cortland St.	1.75m 5-08.75	585
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78				
PPP PPP PPP PPP PPP O PPP XO O O XXX				
6 Ian Szemcsak	FR	Brockport St.	1.72m 5-07.75	560
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75				
PPP PPP PPP PPP PPP PPP PPP O XO XXX				
6 Jeremiah Battle	JR	Stevenson	1.72m 5-07.75	560
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75				
PPP PPP PPP PPP O O O XO O XXX				
6 Aaron Lund	FR	Nazareth	1.72m 5-07.75	560
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75				
PPP PPP PPP O PPP O PPP O O XXX				
6 Jacob Patton	SR	Westminster (Pa.)	1.72m 5-07.75	560
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75				
PPP PPP PPP O O O O XO XO XXX				
10 Malachi Yeager	SR	Houghton	1.69m 5-06.50	536
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72				
PPP PPP PPP PPP PPP PPP PPP O XXX				

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....Heptathlon: #4 Men High Jump Heptathlon

11 Jack Pomykaj	FR Nazareth	1.51m	4-11.50	396
1.48 1.51 1.54 1.57				
PPP O PPP XXX				

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year	School	Finals	Points
1 Jacob Patton	SR	Westminster (Pa.)	4.00m 13-01.50	617
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10				
PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP XXO XO O XXO XXO XXX				
1 Jack Pomykaj	FR	Nazareth	4.00m 13-01.50	617
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10				
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O O O O O XXX				
3 Malachi Yeager	SR	Houghton	3.70m 12-01.50	535
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80				
PPP PPP PPP PPP PPP PPP PPP PPP PPP XXO O PPP O O XXX				
4 Aidan Kelly	SO	Oneonta	3.60m 11-09.75	509
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70				
PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O O XXX				
5 Cole Siewert	JR	Rochester	3.50m 11-05.75	482
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60				
PPP PPP PPP O PPP XXO O O XXO XO O XXX				
5 Ryan Serp	SR	Cortland St.	3.50m 11-05.75	482
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60				
PPP PPP PPP PPP O PPP O O O XO O O XXX				
7 Ben Bulger	SO	Susquehanna	3.40m 11-01.75	457
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50				
PPP PPP O PPP XXO XO O O O O XO XXX				
8 Gabe Thyne	SO	Rochester	3.30m 10-10.00	431
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40				
PPP PPP O PPP PPP O O O O O XXX				
9 Ian Szemcsak	FR	Brockport St.	3.10m 10-02.00	381
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20				
PPP PPP PPP PPP O PPP XO XXX				
10 Jeremiah Battle	JR	Stevenson	3.00m 9-10.00	357
2.50 2.60 2.70 2.80 2.90 3.00 3.10				
O O XO O O O XXX				
11 Aaron Lund	FR	Nazareth	2.70m 8-10.25	286
2.50 2.60 2.70 2.80				
O PPP O XXX				

Heptathlon: #2 Men Long Jump Heptathlon

Name	Year	School	Finals	Points
1 Malachi Yeager	SR	Houghton	6.56m 21-06.25	711
5.90m 5.61m 6.56m				
2 Ian Szemcsak	FR	Brockport St.	6.40m 21-00.00	675
6.40m 6.35m FOUL				
3 Ryan Serp	SR	Cortland St.	6.32m 20-09.00	657
6.19m 6.32m 6.02m				
4 Jacob Patton	SR	Westminster (Pa.)	6.26m 20-06.50	644
5.93m 6.11m 6.26m				

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....Heptathlon: #2 Men Long Jump Heptathlon

5	Ben Bulger	SO	Susquehanna	6.25m	20-06.25	641
	5.99m 6.24m 6.25m					
5	Cole Siewert	JR	Rochester	6.25m	20-06.25	641
	FOUL 6.17m 6.25m					
5	Jeremiah Battle	JR	Stevenson	6.25m	20-06.25	641
	6.25m FOUL 6.21m					
8	Gabe Thyne	SO	Rochester	6.22m	20-05.00	635
	5.96m 6.22m FOUL					
9	Jack Pomykaj	FR	Nazareth	5.99m	19-08.00	584
	5.70m 5.99m 5.86m					
10	Aidan Kelly	SO	Oneonta	5.86m	19-02.75	556
	5.74m 5.86m 5.61m					
11	Aaron Lund	FR	Nazareth	5.79m	19-00.00	542
	5.79m FOUL 5.69m					

Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Jeremiah Battle	JR Stevenson	11.71m 38-05.00	589
	11.57m FOUL 11.71m		
2 Jacob Patton	SR Westminster (Pa.)	11.53m 37-10.00	578
	11.53m 11.35m FOUL		
3 Malachi Yeager	SR Houghton	10.67m 35-00.25	526
	10.27m 10.08m 10.67m		
4 Aidan Kelly	SO Oneonta	10.41m 34-02.00	510
	10.41m 8.29m 10.13m		
5 Ben Bulger	SO Susquehanna	10.28m 33-08.75	502
	FOUL 8.66m 10.28m		
6 Ryan Serp	SR Cortland St.	9.90m 32-05.75	480
	9.90m 9.58m 9.54m		
7 Aaron Lund	FR Nazareth	9.57m 31-04.75	460
	9.57m 9.54m 9.17m		
8 Ian Szemcsak	FR Brockport St.	9.51m 31-02.50	456
	6.00m 9.36m 9.51m		
9 Cole Siewert	JR Rochester	9.47m 31-01.00	454
	9.23m 9.47m 9.40m		
10 Gabe Thyne	SO Rochester	8.87m 29-01.25	418
	8.80m 8.87m FOUL		
11 Jack Pomykaj	FR Nazareth	8.83m 28-11.75	416
	8.68m 8.25m 8.83m		

Men Heptathlon

Meet: M 4980 2/26/2016 Patrick Rice, Rochester					
Name	Year	School	Finals	H#	Points
1 Jacob Patton	SR	Westminster (Pa.)	4773		10
2 Ryan Serp	SR	Cortland St.	4508		8
3 Ben Bulger	SO	Susquehanna	4442		6
4 Cole Siewert	JR	Rochester	4255		5
5 Gabe Thyne	SO	Rochester	4254		4
6 Aidan Kelly	SO	Oneonta	4184		3
7 Jeremiah Battle	JR	Stevenson	4137		2

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....Men Heptathlon

8 Ian Szemcsak	FR Brockport St.	4001	1
9 Jack Pomykaj	FR Nazareth	3997	
10 Malachi Yeager	SR Houghton	3963	
11 Aaron Lund	FR Nazareth	3727	

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Women - Team Rankings - 18 Events Scored

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1) SUNY Geneseo	82	2) Rochester	58
3) Rowan	45	4) Ithaca	41.50
5) TCNJ	39	6) Brockport St.	34
7) Widener	33	8) Stevens	32
9) Misericordia	31	10) Susquehanna	22
11) Nazareth	21	12) DeSales	16
13) Moravian	15	13) Alvernia	15
13) Cortland St.	15	13) NYU	15
17) St. Lawrence	14	18) Buffalo State	13
18) Stockton	13	18) Oneonta	13
21) Vassar	12	21) St. John Fisher	12
23) Scranton	11	23) Stevenson	11
23) Westminster (Pa.)	11	26) PSU-Behrend	10
27) York (Pa.)	9	28) Alfred State	8
28) Ursinus	8	30) Lebanon Valley	7.50
31) Springfield	6	31) Houghton	6
33) Grove City	5	34) SUNY Delhi	3
34) Marywood	3	34) Ramapo	3
37) Utica	2	37) Elizabethtown	2
37) RIT	2	40) Carnegie Mellon	1
40) Farmingdale St.	1		

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Men - Team Rankings - 18 Events Scored

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1) SUNY Geneseo	72	2) Cortland St.	66
3) Rowan	65.50	4) Brockport St.	52
5) Ithaca	39	6) RIT	34
7) Widener	31	8) Carnegie Mellon	26
9) Stevenson	23	9) TCNJ	23
11) Susquehanna	20.50	12) Stockton	17
13) Rochester	15	13) Hamilton	15
15) NYU	14	15) Ursinus	14
17) Oneonta	13	18) SUNY Delhi	12
18) Ramapo	12	20) Elizabethtown	10
20) PSU-Behrend	10	20) Westminster (Pa.)	10
23) Nazareth	9	23) St. Lawrence	9
23) Springfield	9	23) Vassar	9
23) Union (N.Y.)	9	28) Misericordia	8
29) Lebanon Valley	7	30) Utica	6.50
31) Muhlenberg	6	32) Fredonia	5
32) Montclair State	5	32) Rutgers-Newark	5
35) Grove City	4	35) New Jersey City	4
37) St. John Fisher	3.50	38) Buffalo State	3
39) Stevens	2	39) Sage	2
41) Moravian	1	41) Alfred State	1